

ECS Overview & Endocannabinoidome Patients Out of Time 15th National Clinical Conference on Cannabis Therapeutics June 2022

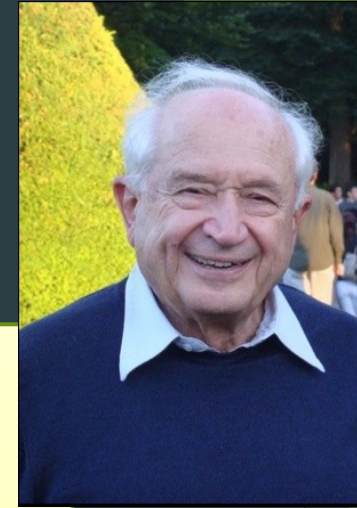
Allyn C. Howlett, PhD*

**Physiology and Pharmacology Department
Wake Forest School of Medicine**

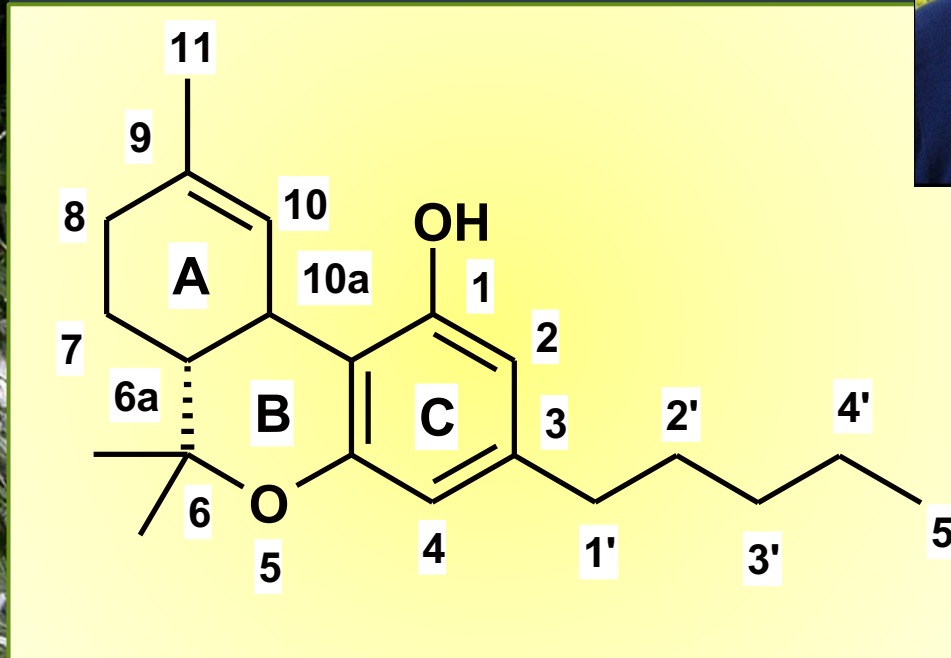
***Dr. Howlett has no conflicts of interest to declare.**

1. Introduction: The Endocannabinoid System & Beyond
2. The Endocannabinoid System Components
 - a. CB₁ and CB₂ cannabinoid receptors
Agonists, Antagonists, Allosteric modulators
 - b. Endocannabinoids anandamide and 2-arachidoylglycerol
 - c. Enzymes of endocannabinoid synthesis
 - d. Enzymes of endocannabinoid biotransformation
3. Cellular Signaling to achieve Active Responses
 - a. Cellular Signaling in the ECS
Example describing the regulation of neurotransmission
 - b. Associated Proteins
G-proteins; β -arrestins
CRIP1a; SGIP; BiP; GASP
4. Summary and Conclusions

Identification of Marijuana's CNS-active Compound Δ^9 -Tetrahydrocannabinol (THC)

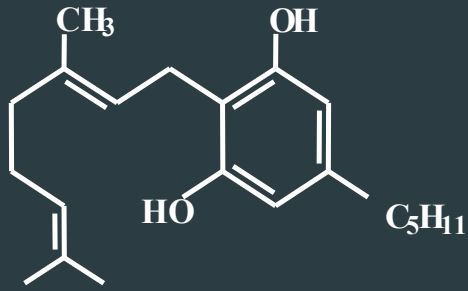


Cannabis sativa
Erowid.org (Photographer unknown)

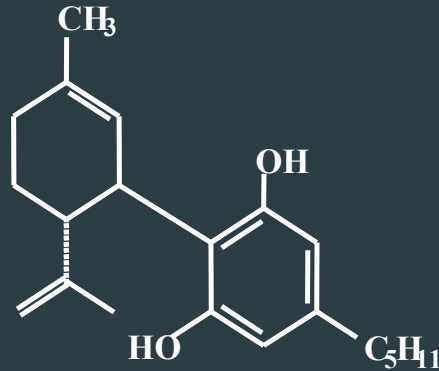


Mechoulam R, Hanuš LO, Pertwee R, Howlett AC.
Early phytocannabinoid chemistry to
endocannabinoids and beyond.
Nat Rev Neurosci. 2014

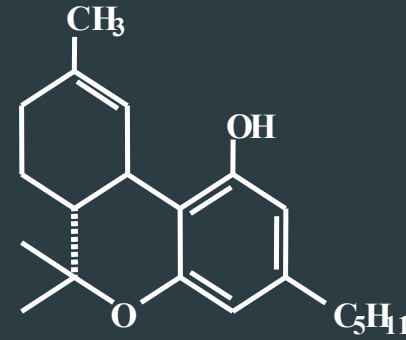
Other phytocannabinoids



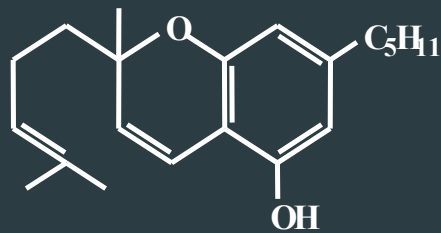
cannabigerol (CBG)
(Gaoni and Mechoulam, 1964)



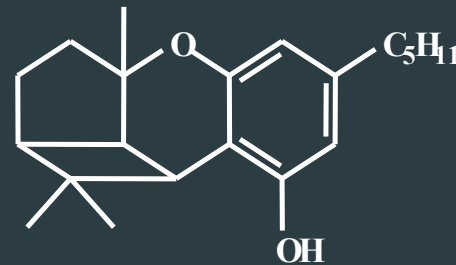
cannabidiol (CBD)
(Mechoulam and Shvo, 1963)



Δ⁹-tetrahydrocannabinol (Δ⁹-THC)
(Gaoni and Mechoulam, 1964)



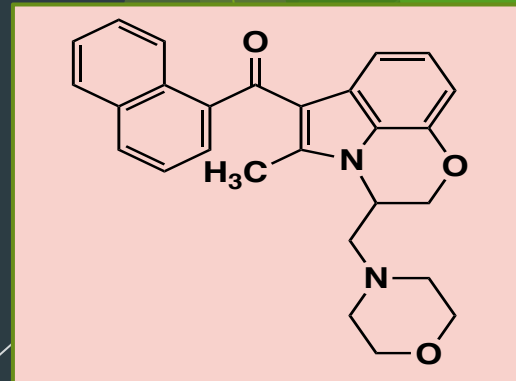
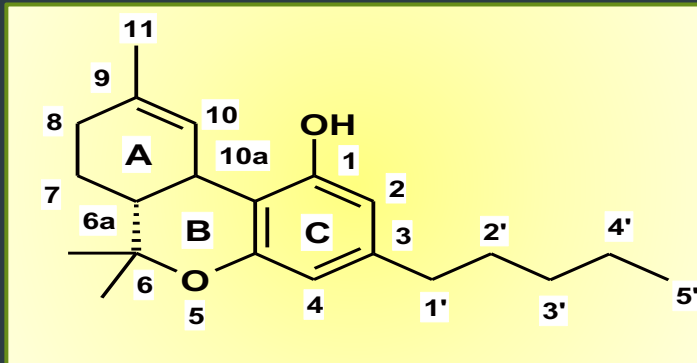
cannabichromene (CBC)
(Claussen et al., 1966;
Mechoulam and Gaoni, 1966)



cannabicyclol (CBL)
(Crombie et al., 1968)

First Generation pharmaceutical design was based on **Δ^9 -THC** analogs

- ▶ Tetrahydrocannabinol (THC)
- ▶ Pharmaceutical Industry interest in developing cannabinoid drugs, currently used extensively in preclinical research studies
 - ▶ Cannabinoid: levonantradol
 - ▶ Nonclassical cannabinoid: CP55940

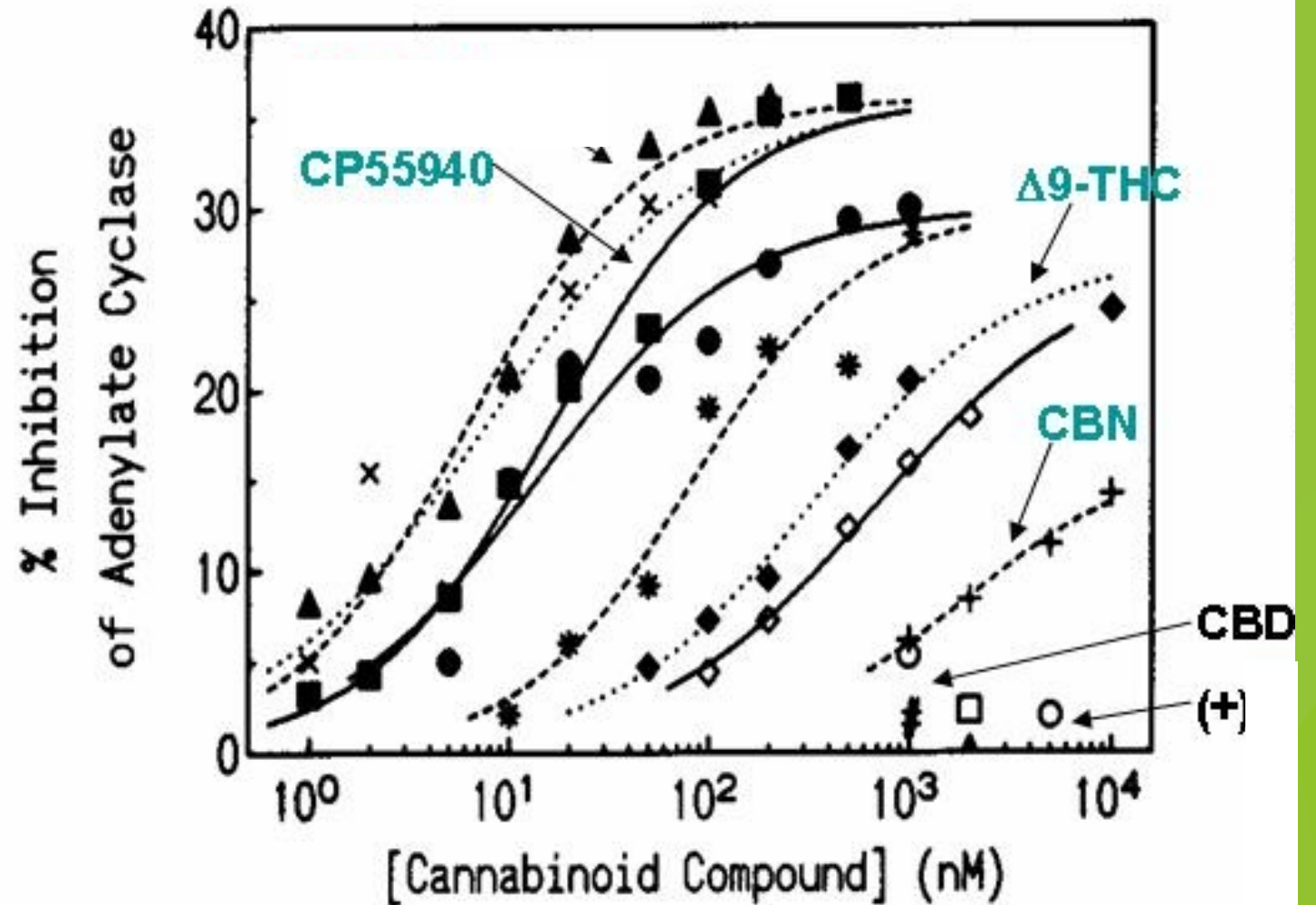


**Amino alkyl indole:
WIN55212-2**

Mechoulam R, Hanuš LO, Pertwee R, Howlett AC. (2014) *Nat Rev Neurosci*. 15, 757.
Howlett AC, Thomas BF, Huffman JW (2021) *Molecules* 26, 6190.

Agonists inhibit cAMP production in neuronal cells

- CP55940 is a full agonist.
- Δ^9 -THC is a partial agonist compared with CP55940.
- CBN is a weak partial agonist.
- CBD is not active.



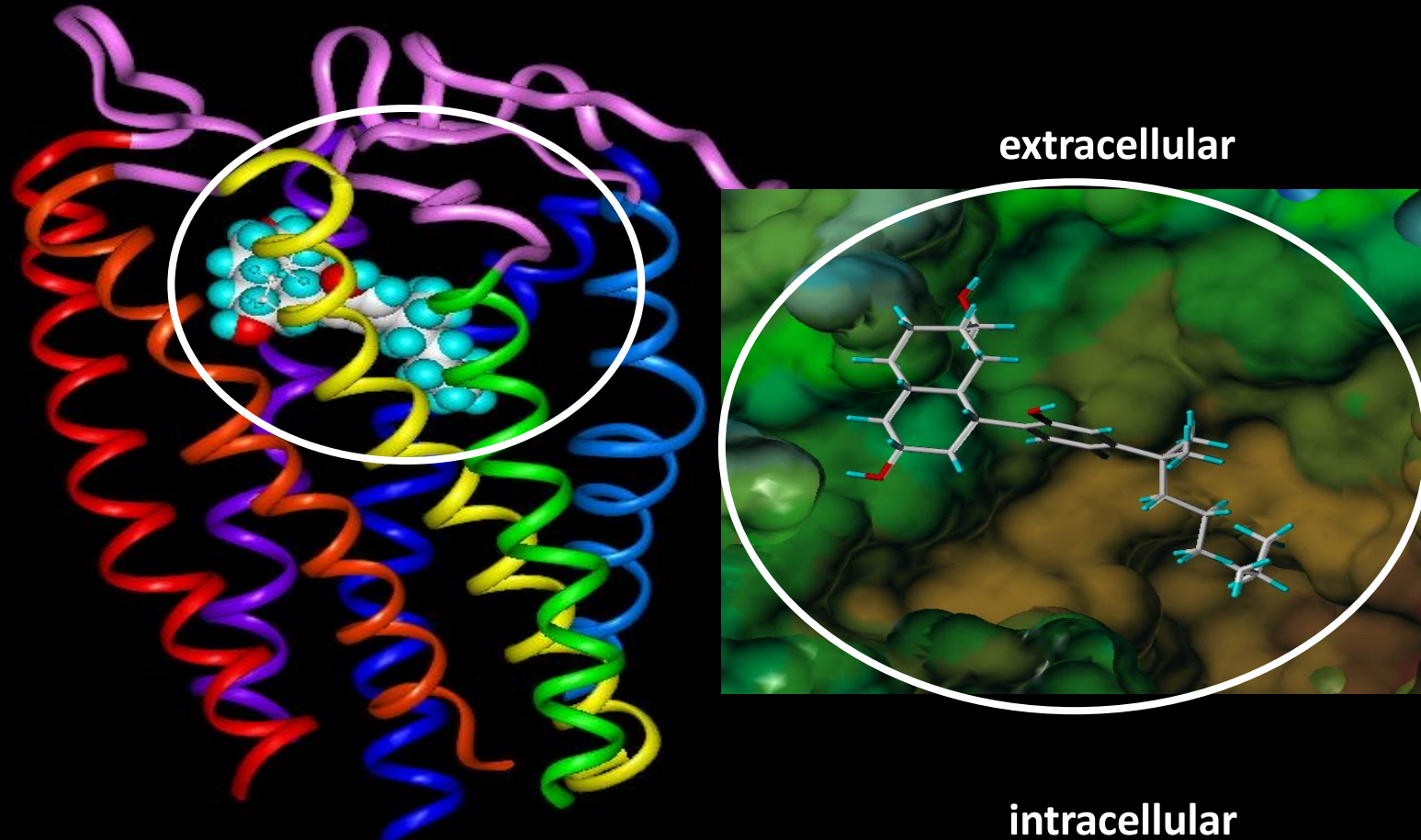
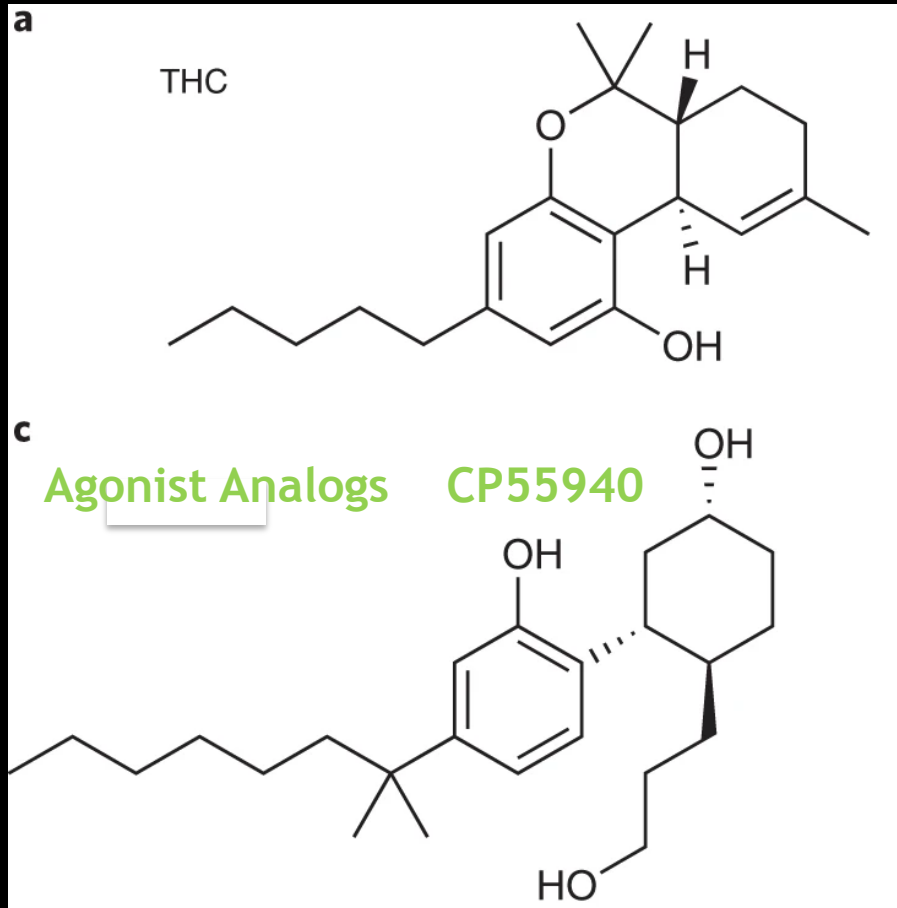
The Target for Δ^9 -THC is the Endocannabinoid System

- Research identified a cellular mechanism for Δ^9 -THC as the activation of CB₁ and CB₂ cannabinoid receptors.
- Endogenous lipid mediators, known as “endocannabinoid” ligands, stimulate CB₁ and CB₂ cannabinoid receptors in normal physiology.
- Synthetic and biotransformation enzymes regulate the cellular production, release and removal of endocannabinoid ligands.

Howlett AC, Barth F, Bonner TI, Cabral G, Casellas P, Devane WA, Felder CC, Herkenham M, Mackie K, Martin BR, Mechoulam R and Pertwee RG (2002) **Classification of Cannabinoid Receptors**, *Pharmacol. Rev.* 54:161.
Pertwee RG, Howlett AC, Abood ME, Alexander SPH, Di Marzo V, Elphick MR, Greasley PJ, Hansen HS, Kunos G, Mackie K, Mechoulam R, and Ross RA (2010) **Cannabinoid Receptors and their Ligands: Beyond CB₁ and CB₂**. *Pharmacol. Rev.* 62:588-631.

Abood M, Alexander SP, Barth F, Bonner TI, Bradshaw H, Cabral G, Casellas P, Cravatt BF, Devane WA, Di Marzo V, Elphick MR, Felder CC, Greasley P, Herkenham M, Howlett AC, Kunos G, Mackie K, Mechoulam R, Pertwee RG, Ross RA. **Cannabinoid receptors (version 2019.4) in the IUPHAR/BPS Guide to Pharmacology Database**. IUPHAR/BPS Guide to Pharmacology CITE. 2019; 2019(4). Available from: <https://doi.org/10.2218/gtopdb/F13/2019.4>.

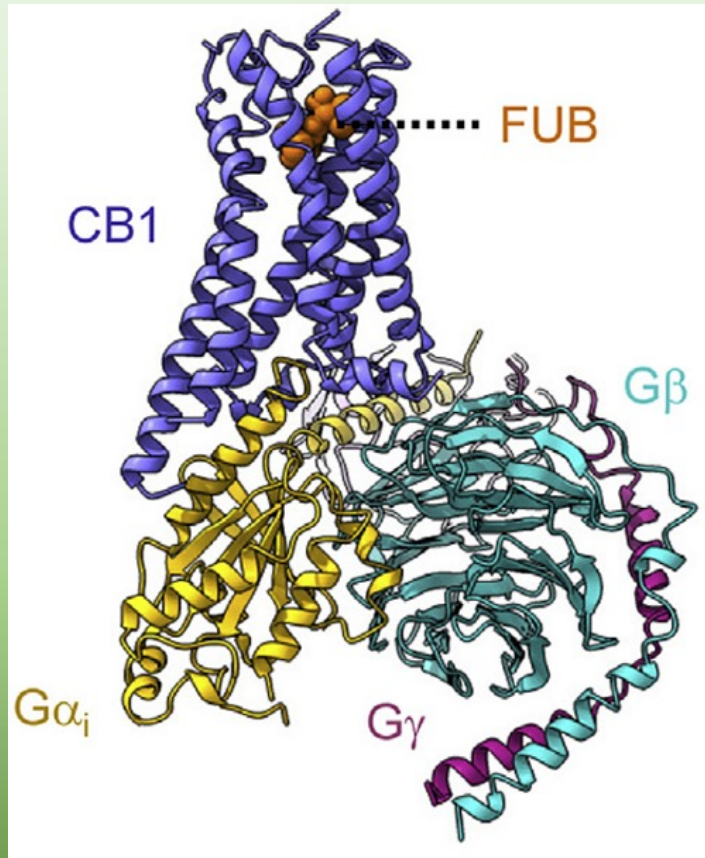
CB₁ and CB₂ Cannabinoid Receptors are 7-transmembrane proteins that bind cannabinoid agonists and endocannabinoids



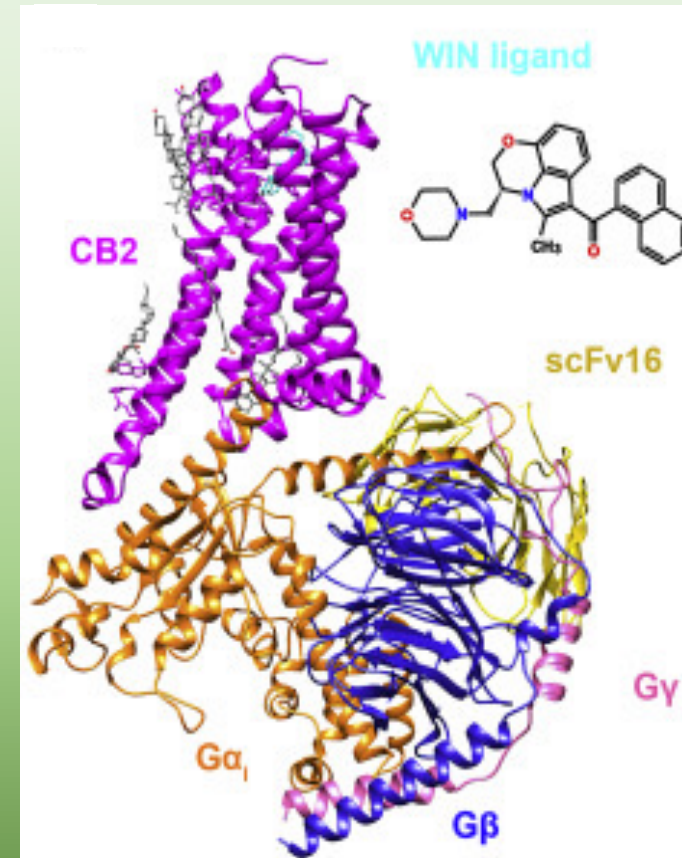
Shim & Howlett 2004 JChem Inform Comput Sci 44:1466

Shim, Welsh, and Howlett 2003 Biopolymers71:169

CB1 and CB2 Receptors couple to $G\alpha_i1-\beta1\gamma2$ to activate a response

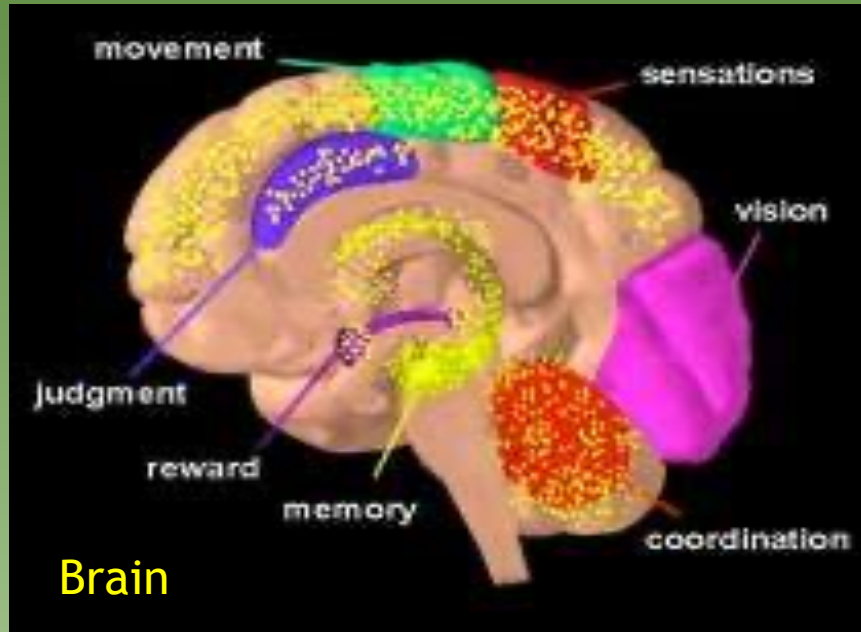


Krishna Kumar et al., 2019 Cell 176:448



Xing et al., 2020 Cell 180:645

CB₁ Cannabinoid Receptors in Brain and other Organs



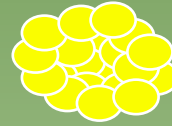
Liver
Hepatocytes



Endocrine
Pancreas



Skeletal
Muscle



Adipose
Tissue



GI
Tract

Bone

**CB₁ selective agonists: Arachidonylcyclopropylamide
Arachidonyl-(2)-chloroethylamide
O-1812**

Cristino, Palomba, Di Marzo 2014 Int J Obes 4(Suppl 1):S26; Gatta-Cherifi, Cota 2015 Handb Exp Pharmacol. 231:367; Goodman, Packard 2015 Neurobiol Learn Mem. 125:1; Gruden, Barutta, Kunos, Pacher 2016 Br J Pharmacol. 173:1116; Lee et al. 2016 Am J Physiol Gastrointest Liver Physiol. 311:G655; Mallat, Teixeira-Clerc, Lotersztajn 2013 J Hepatol. 59:891; Manzanares et al. 2018 Biochem Pharmacol. 157:108; Mastinu et al. 2018 Horm Mol Biol Clin Investig. 36(2); O'Sullivan 2015 Handb Exp Pharmacol. 231:393; Pertwee 2012 Philos Trans R Soc Lond B Biol Sci. 367:3353; Rossi et al. 2019 Int J Mol Sci. 20:1919; Rubino, Zamberletti, Parolaro 2015 Handb Exp Pharmacol. 231:261; Sharkey and Wiley 2016 Gastroenterology. 151:252; Silveira et al. 2017 Neurosci Biobehav Rev. 76(Pt B):380

CB₂ Cannabinoid Receptors in the Immune System

Spleen, Tonsils

B and T Cells

Macrophage and Monocytic cells

Brain Microglia

Bone Osteoclasts

Liver Kupffer cells

Brain: Neuroprogenitor cells, oligodentocyte progenitor cells

Neurons in some loci in the brain (brainstem, cerebellum)

CB₂ selective agonists: JWH-133; AM1241; HU-308

Competitive Antagonists: Compete for binding to Cannabinoid Receptors but fail to cause a response.



SR141716 (rimonabant) competitive selective CB1 antagonist

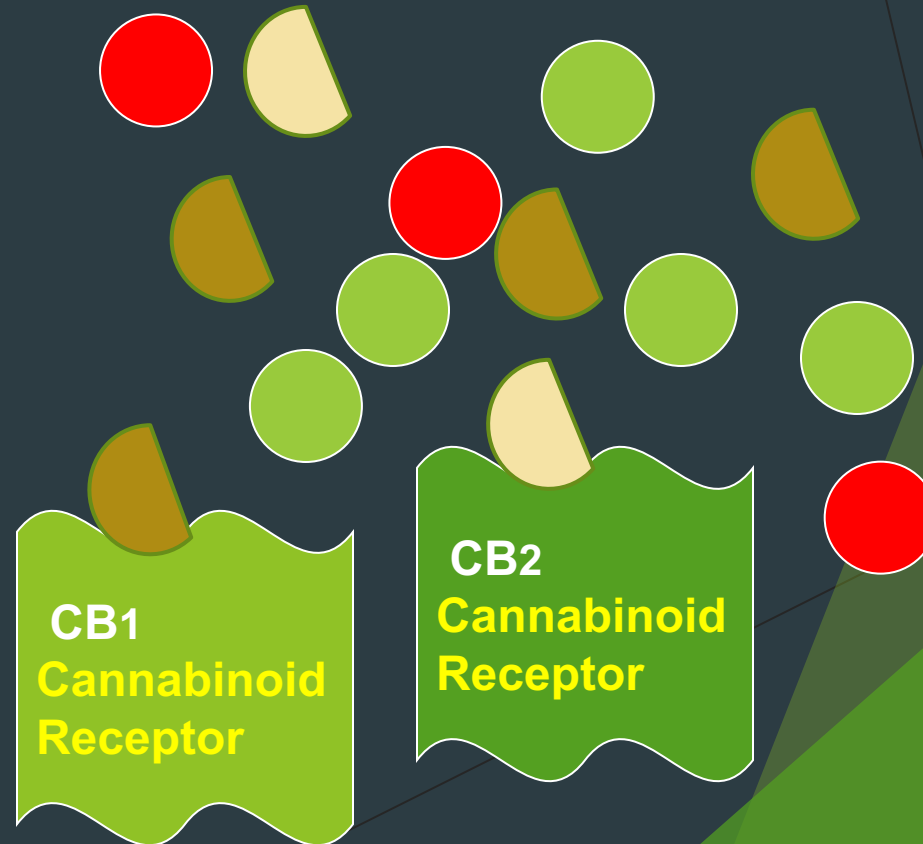
SR144528 competitive selective CB2 antagonist

▶ CB1 competitive antagonists

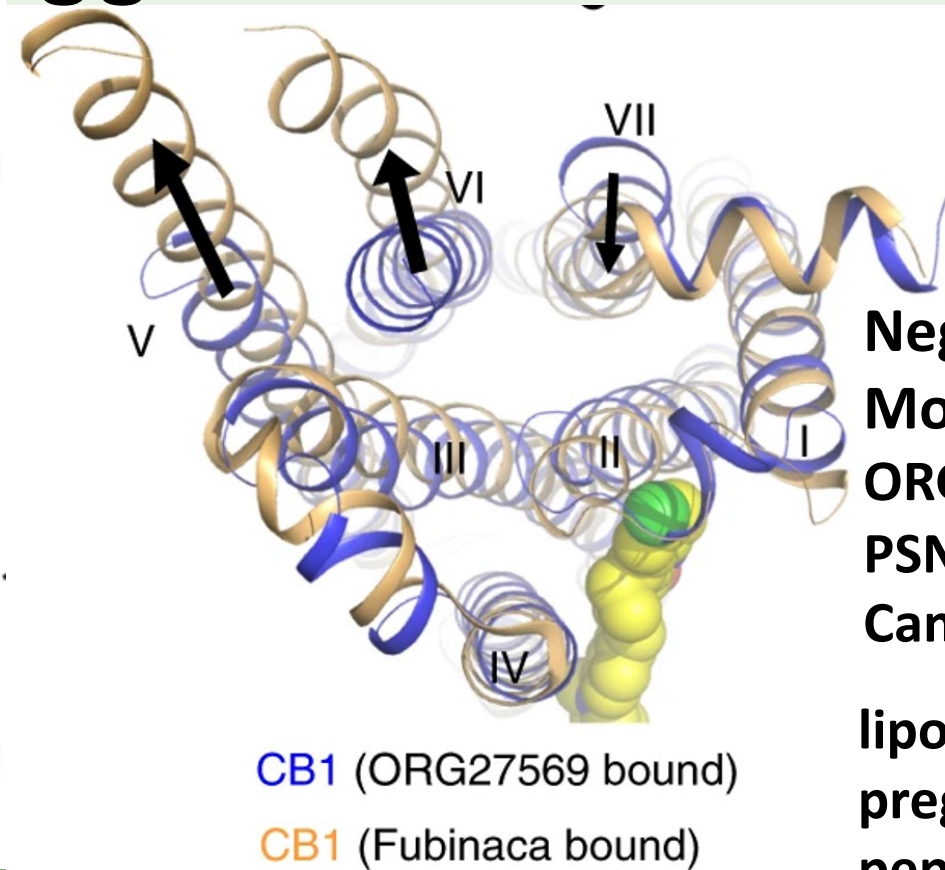
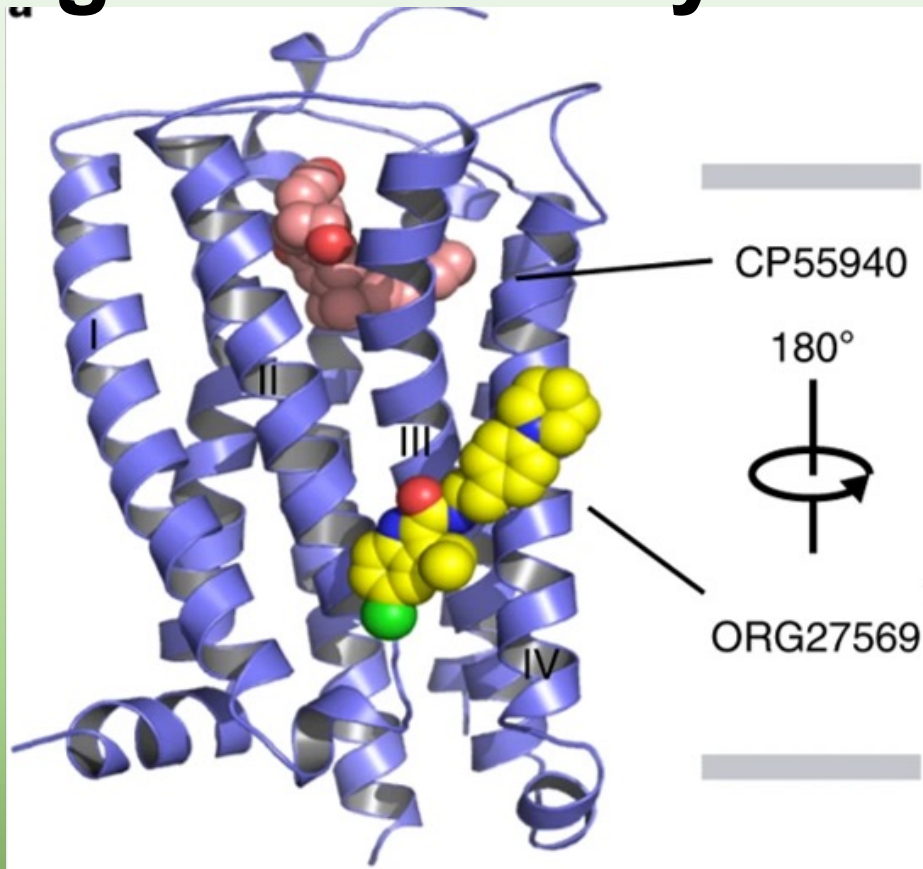
- ▶ SR141716 (rimonabant)
- ▶ AM251, AM281, AM6545
- ▶ LY320135

▶ CB2 competitive antagonists

- ▶ SR144528
- ▶ AM630



Negative Allosteric Modulators (NAMs) block agonist's ability to toggle into active mode



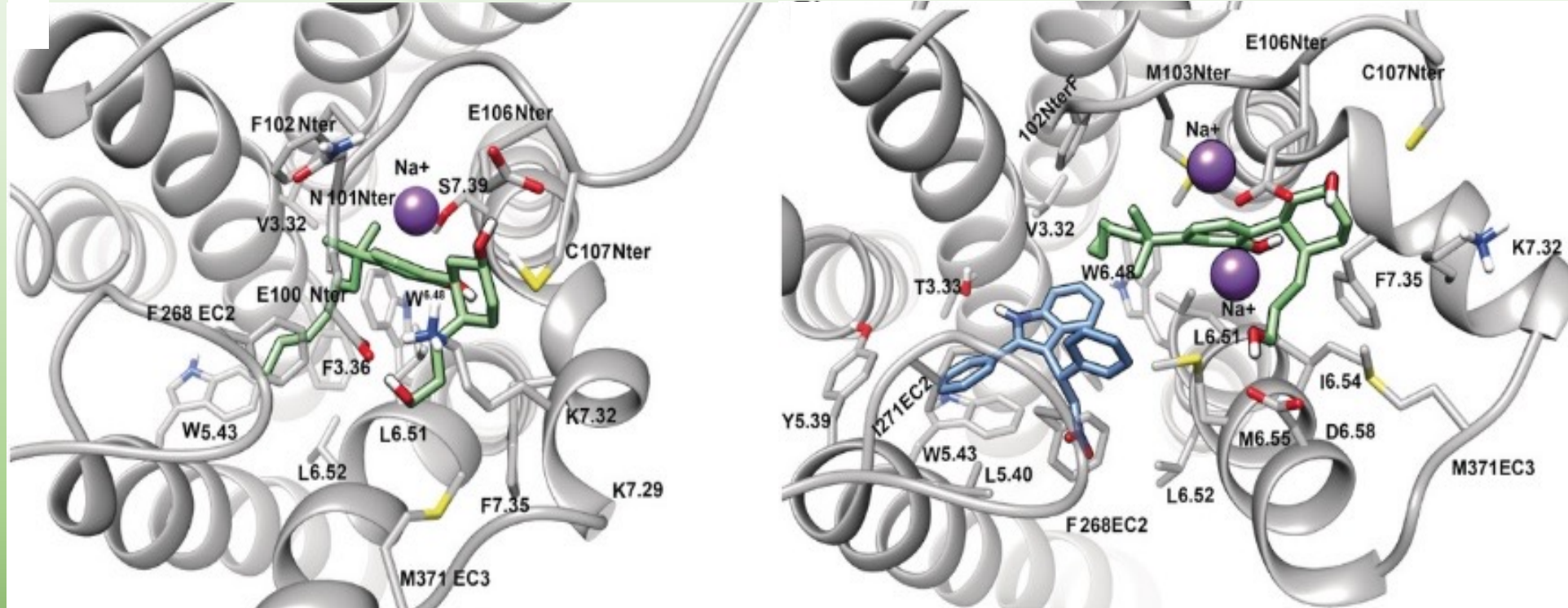
Negative Allosteric Modulators (NAMs):
ORG27569,
PSNCBAM1,
Cannabidiol (CBD)

lipoxinA4,
pregnenolone,
pepcans

Positive Allosteric Modulators (PAMs) facilitate agonist binding and activation energy

CP55940 alone

GAT228 opens channel for CP55940

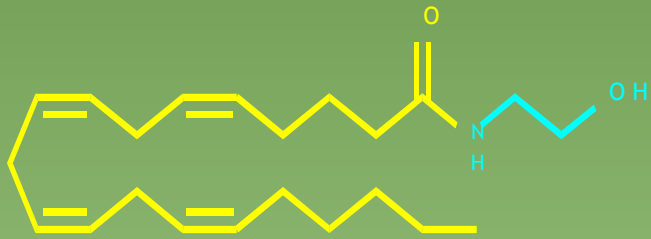


Positive Allosteric Modulators (PAMs)
GAT211, GAT228, GAT229, ZCZ011

Saleh et al. 2018 *Angew. Chem. Int. Ed.* 57: 2580
Khurana, Mackie, Piomelli and Kendall
2017 *Neuropharmacol.* 124:3

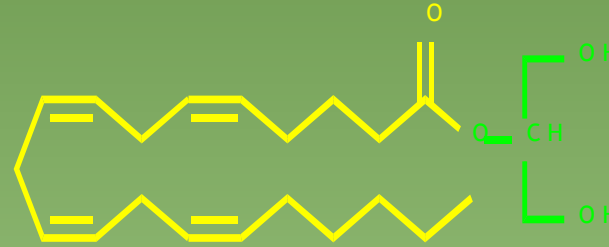
Endocannabinoids stimulate both CB₁ and CB₂ cannabinoid receptors

Arachidonylethanolamide
(Anandamide)



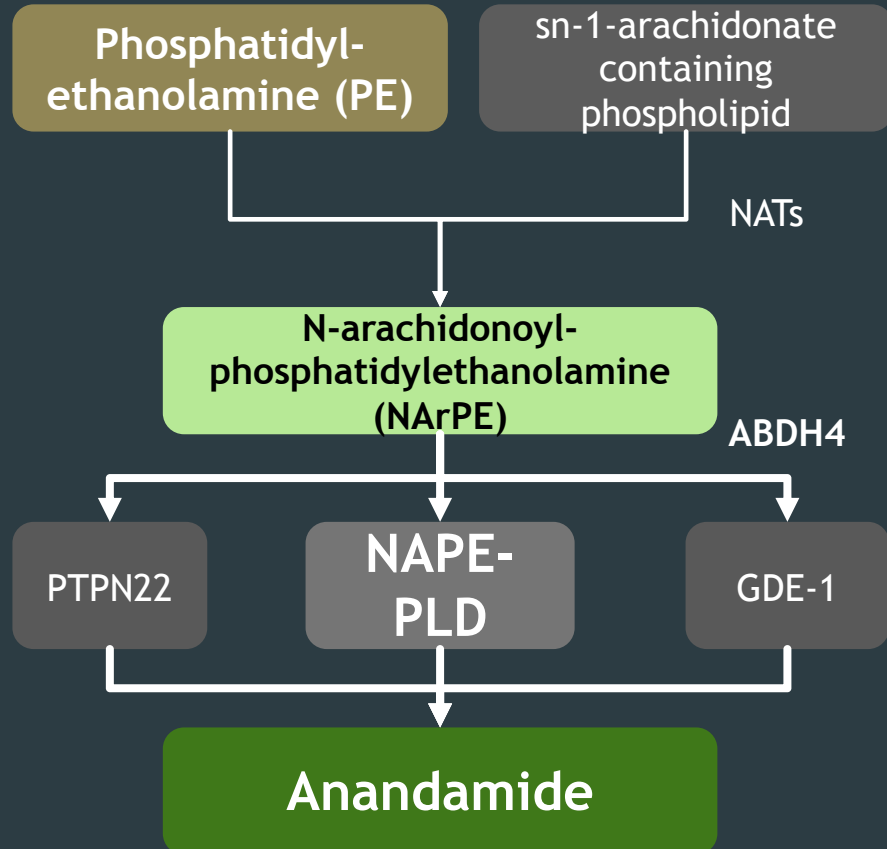
Partial Agonist-Antagonist
Alone is an agonist, but
would inhibit a full-agonist

2-Arachidonoylglycerol
(2-AG)



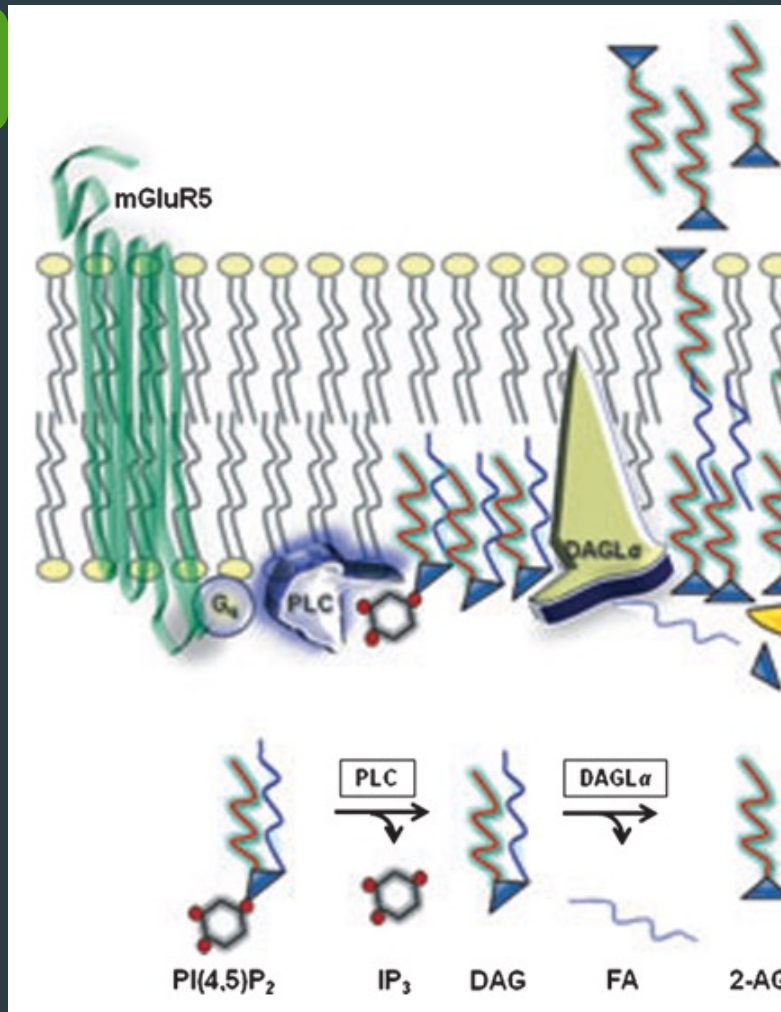
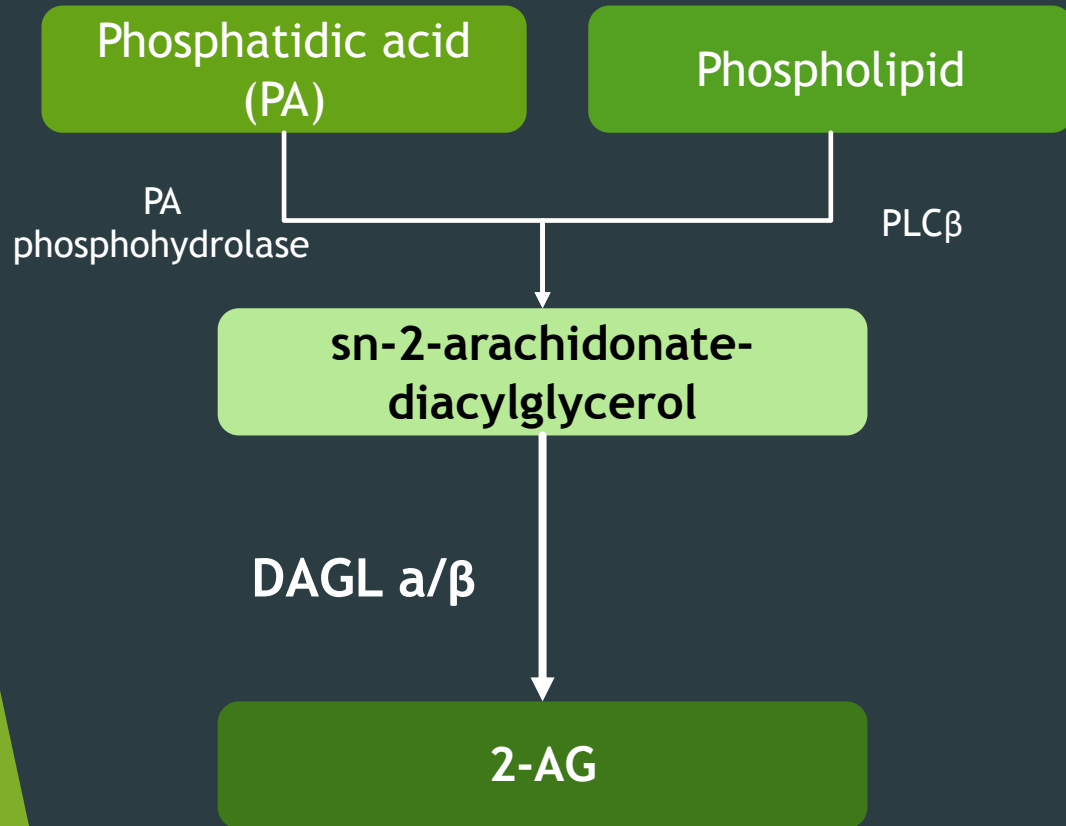
Full Agonist

How Endocannabinoids are synthesized



- ▶ NAPE-PLD Inhibitors
- ▶ Decrease Anandamide
 - ▶ hexachlorophene, bithionol
 - ▶ LEI-401
 - ▶ ARN-19874

How Endocannabinoids are synthesized



- ▶ Diacylglycerol Lipase Inhibitors
- ▶ Decrease 2-AG tetrahydrolipstatin (Orlistat)
- RHC80267
- LEI-105

Promiscuity of Anandamide and Acyl-Ethanolamides

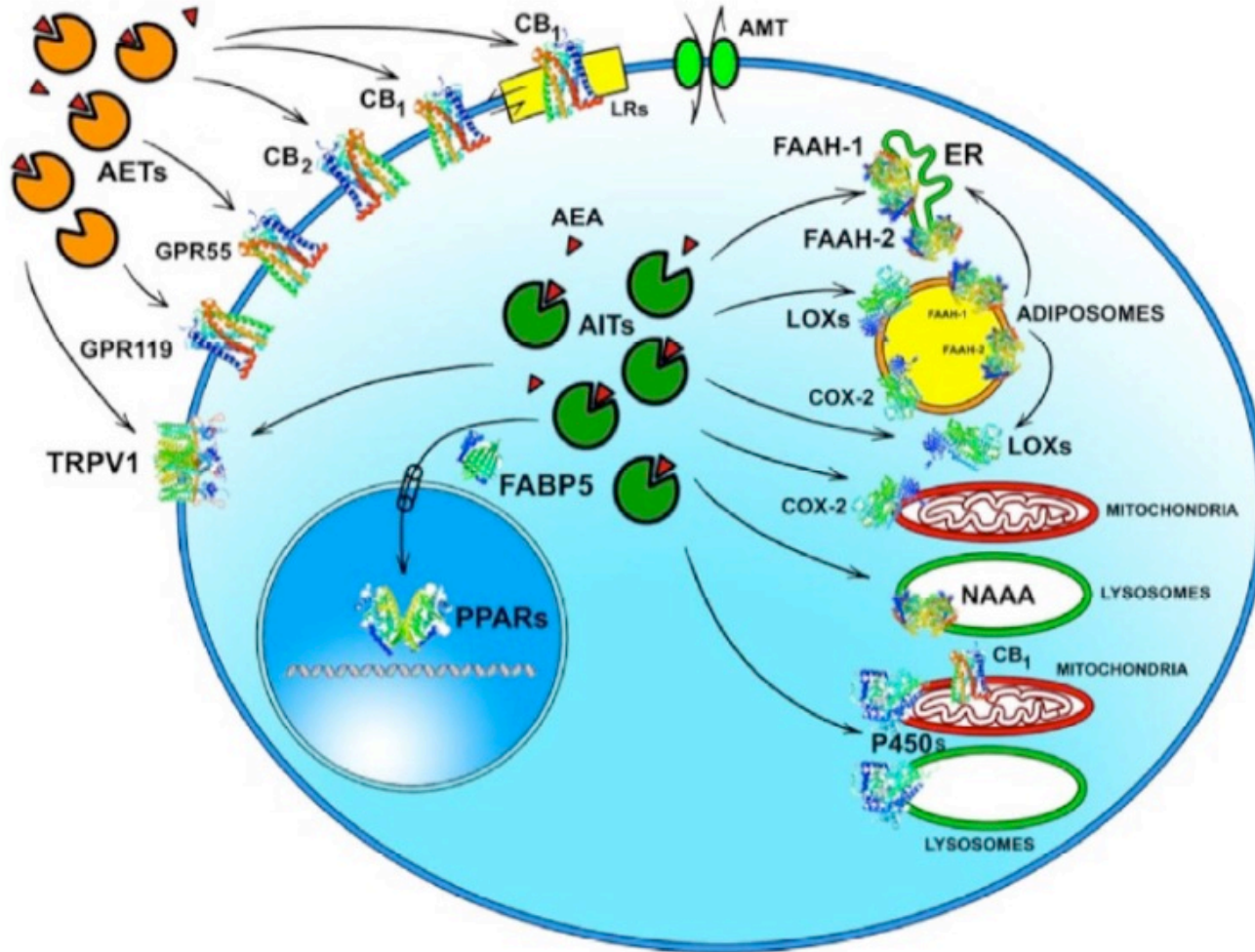
Arachidonyl ethanolamide

Oleyl ethanolamide

Palmityl ethanolamide

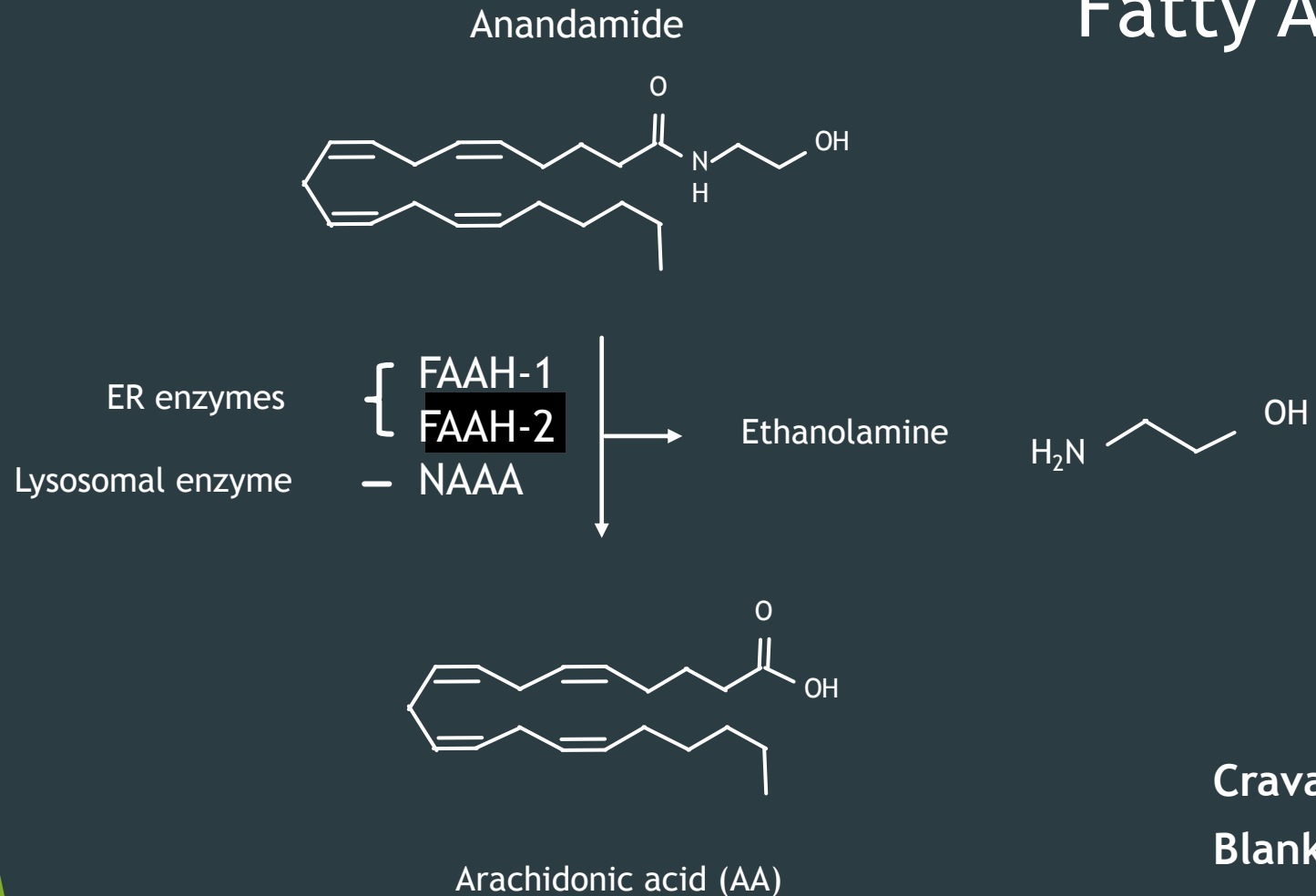
Cyclooxygenase 2 (COX-2) uses endocannabinoids as substrates to create prostamides and further derivatives that are bioactive lipids.

Lipoxygenase and P450 Oxidative enzymes use endocannabinoids as substrates.



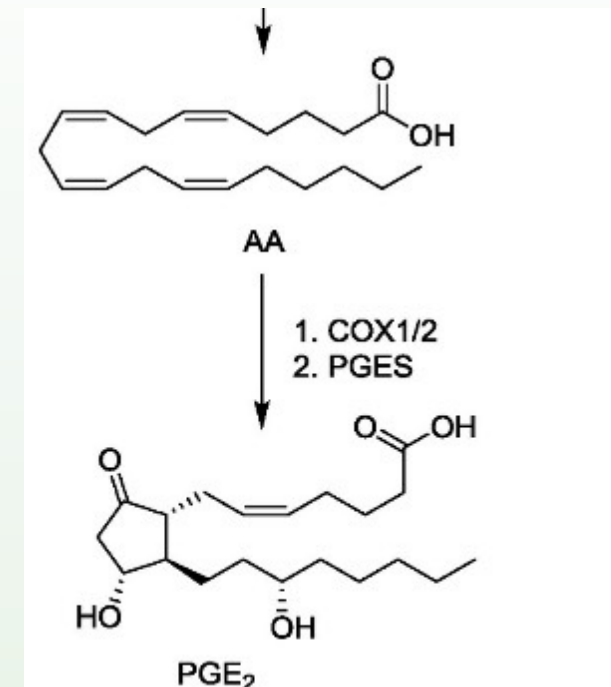
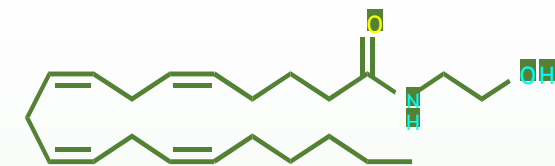
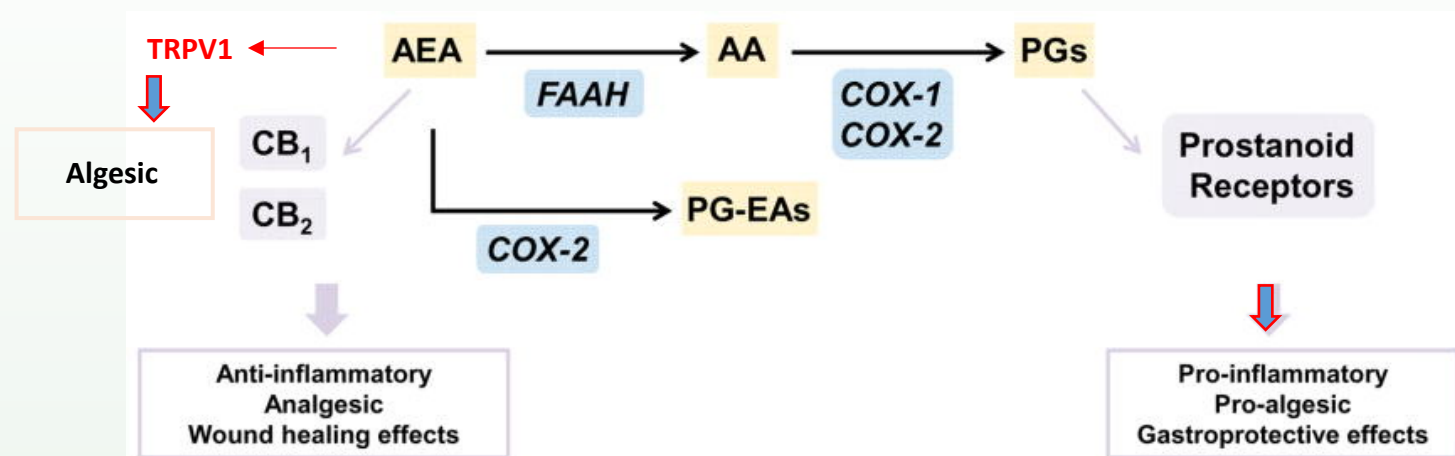
Metabolism of Anandamide and other AEA

Fatty Acid Amide Hydrolase



Cravatt et al. 2004 FEBS Letters 567: 159
Blankman, Cravatt 2013 Pharmacol Rev 65:849
Maccarrone M. *Front Mol Neurosci.* 2017;10:166.

Metabolism of Anandamide

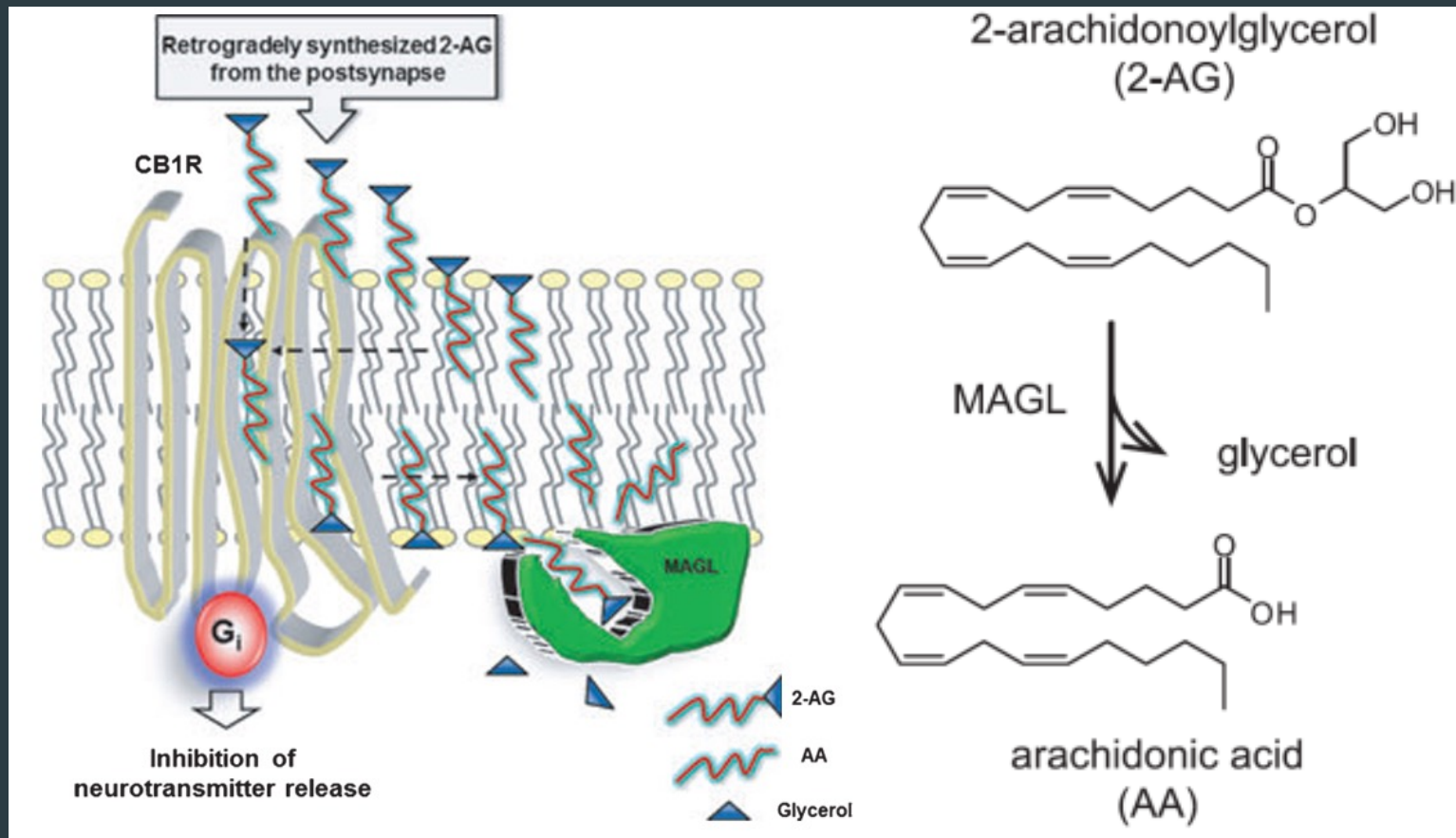


Cyclooxygenase 2 (COX-2) Endocannabinoids act as substrates to create prostamides and further derivatives that are bioactive lipids.

Inhibition of 2-AG or Anandamide catabolism to arachidonic acid reduces substrate availability for COX2 in inflammatory sites where COX2 is induced.

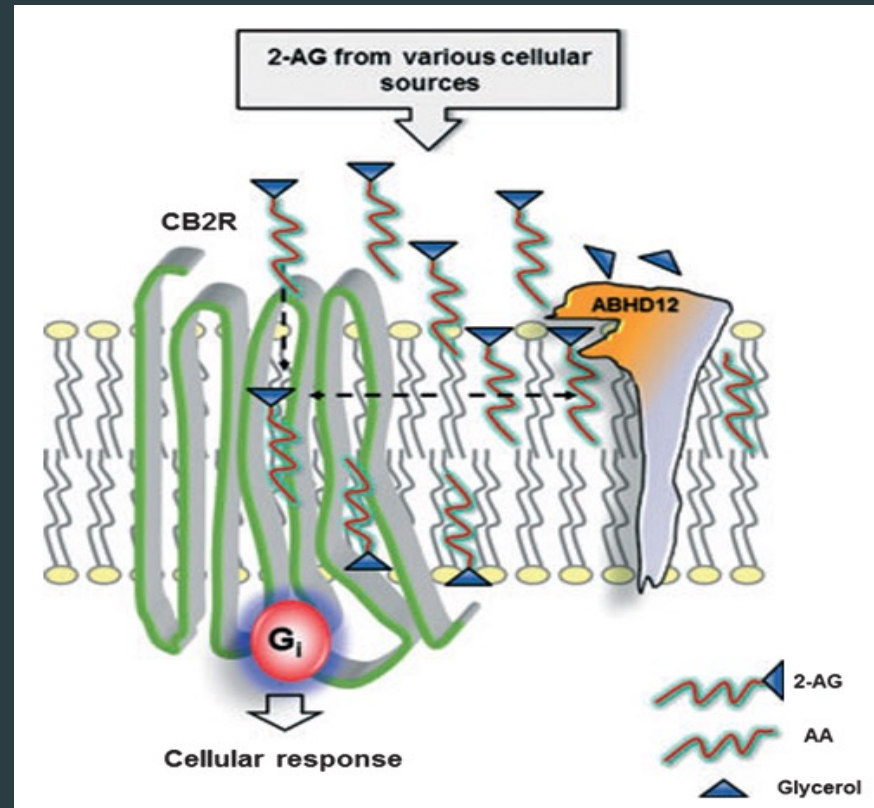
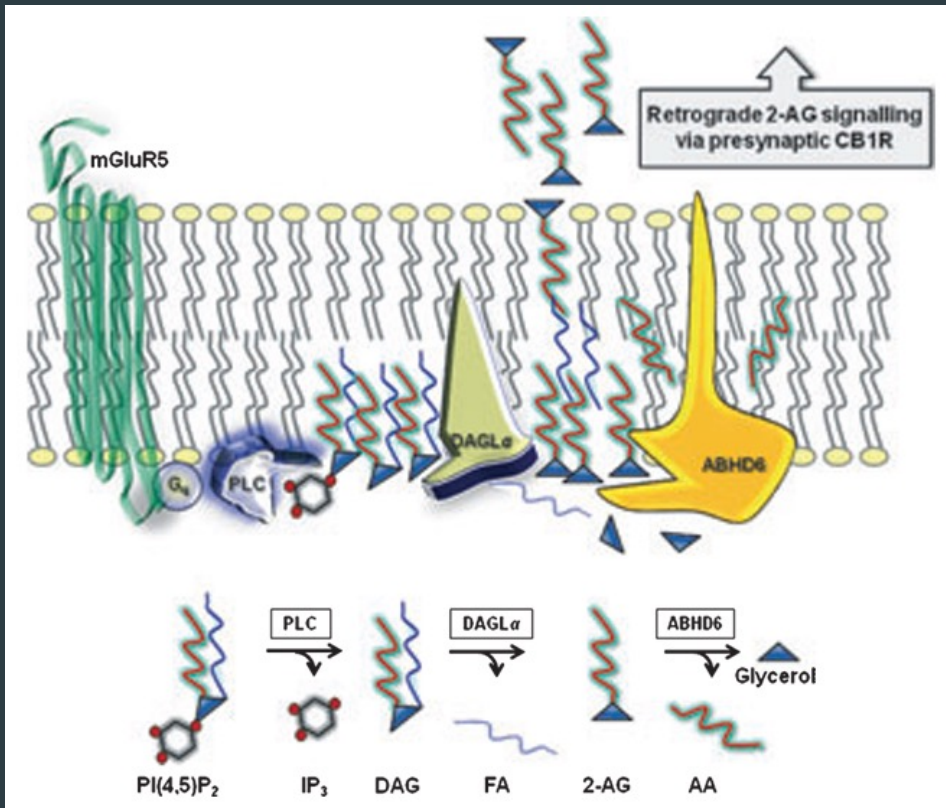
Metabolism of 2-AG *Mono-AcylGlycerol Lipase*

- ▶ MAGL Clears Presynaptic 2-AG As It Accumulates



Metabolism of 2-AG Alpha/Beta-Hydrolases

- ▶ ABHD6 Clears Postsynaptic 2-AG at Site of Synthesis
- ▶ ABHD12 Clears Extracellular 2-AG

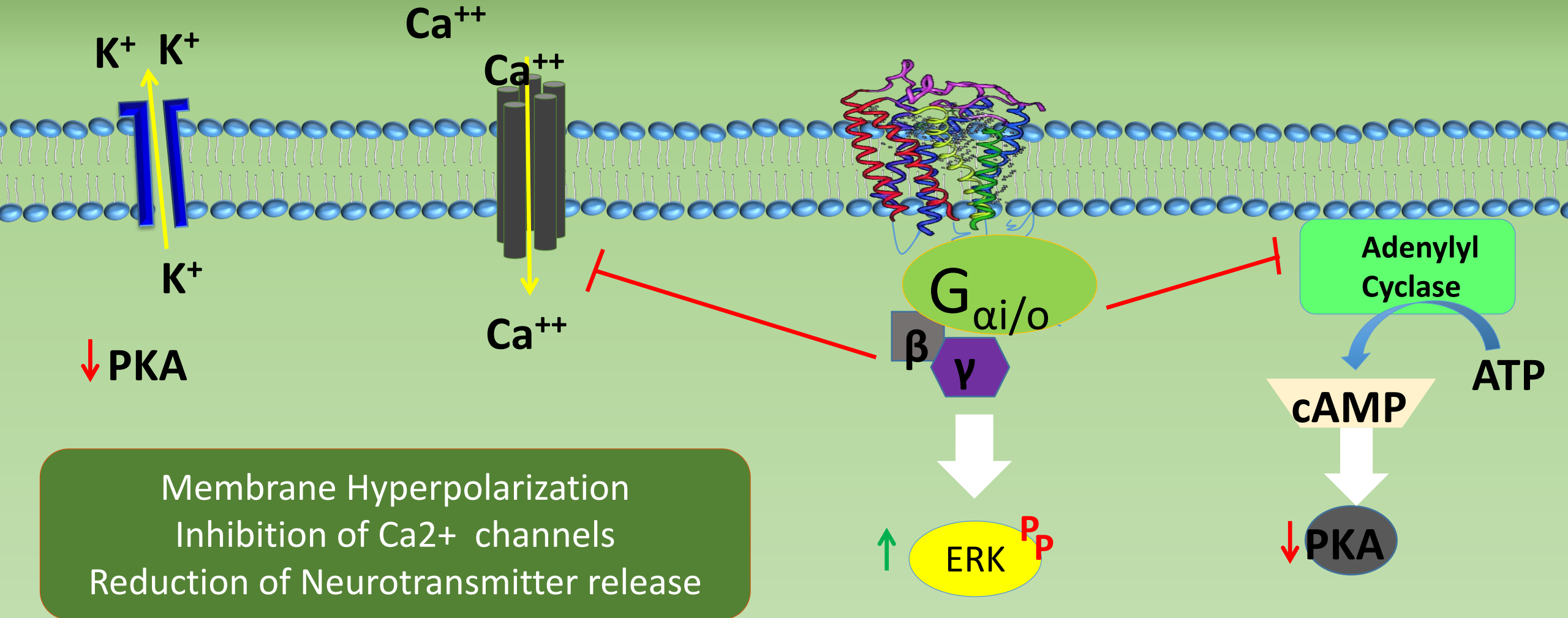


How does the ECS system serve a role as a modulatory system ?

Example

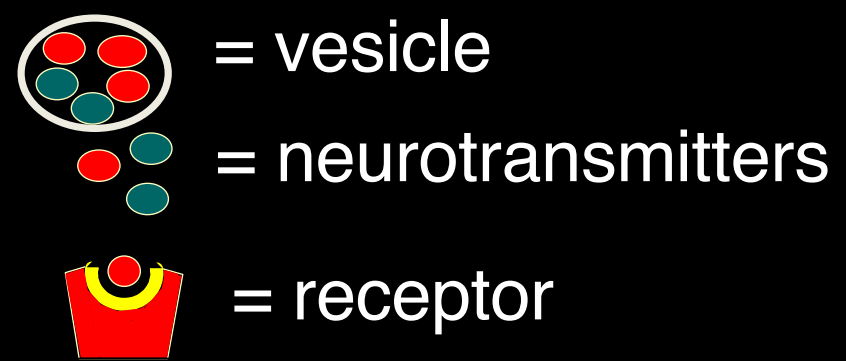
How the CB₁ receptor uses cellular signaling to
regulate Neurotransmitter Release

Cellular Signaling from CB₁ Receptors



The ECS is a modulatory system to bring the cell back to a normal state

Neurons as an example

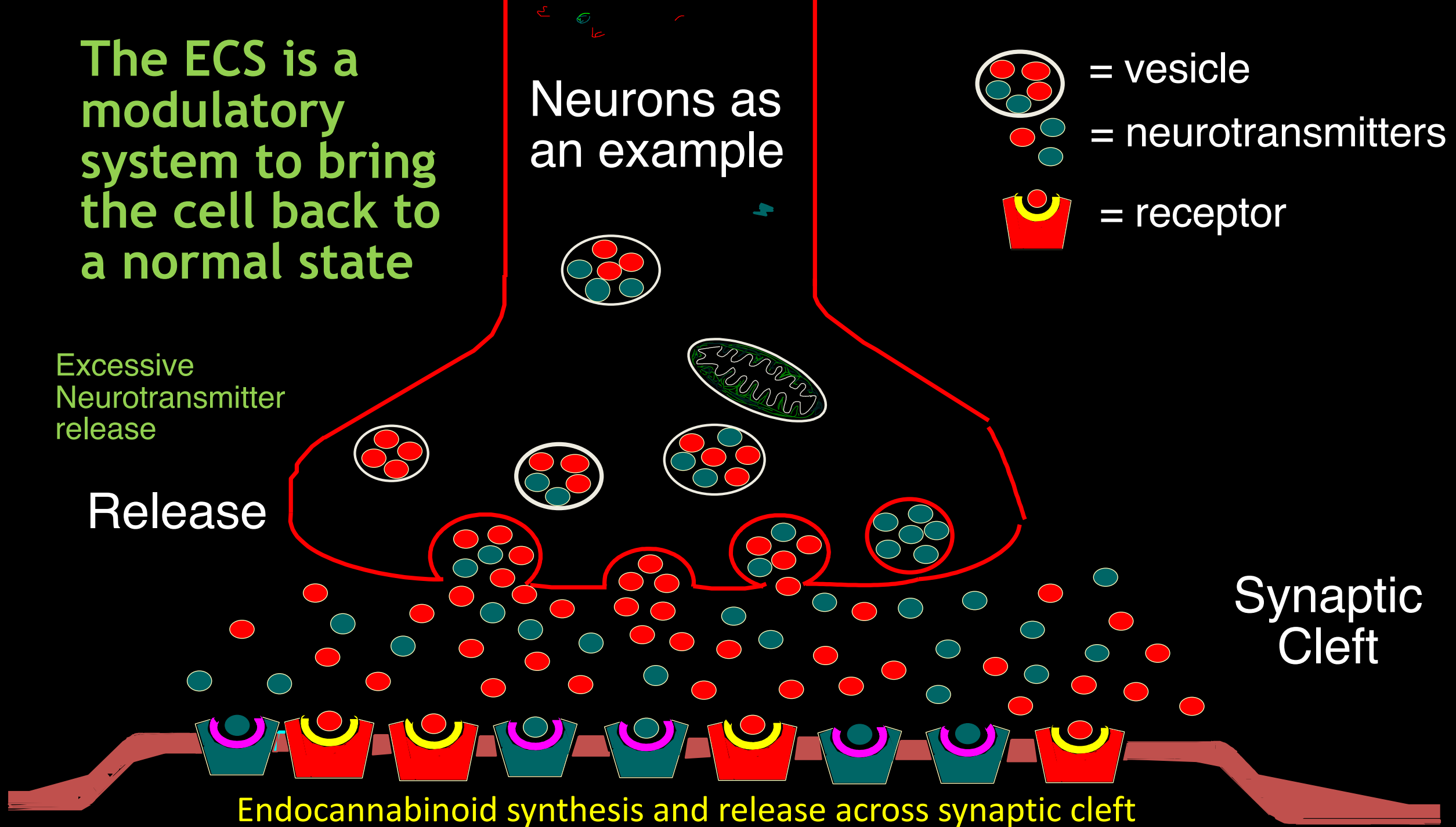


Excessive Neurotransmitter release

Release

Synaptic Cleft

Endocannabinoid synthesis and release across synaptic cleft

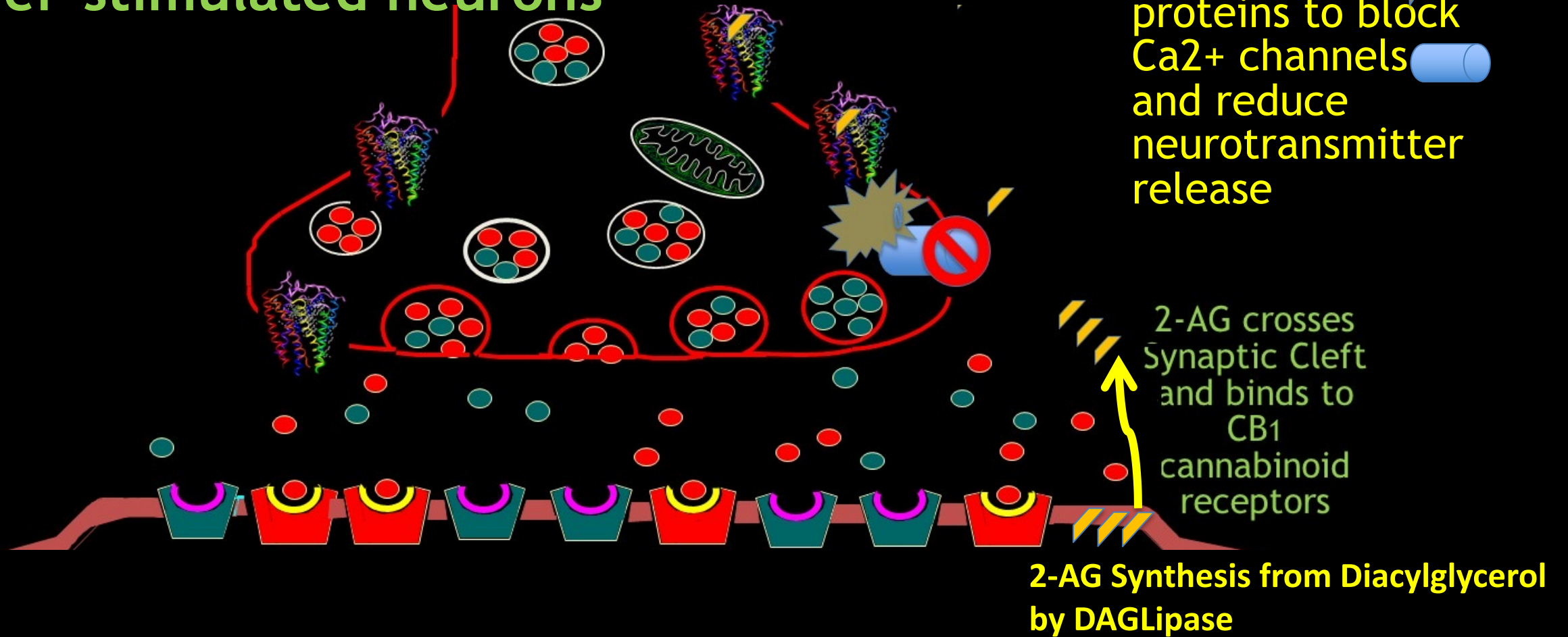


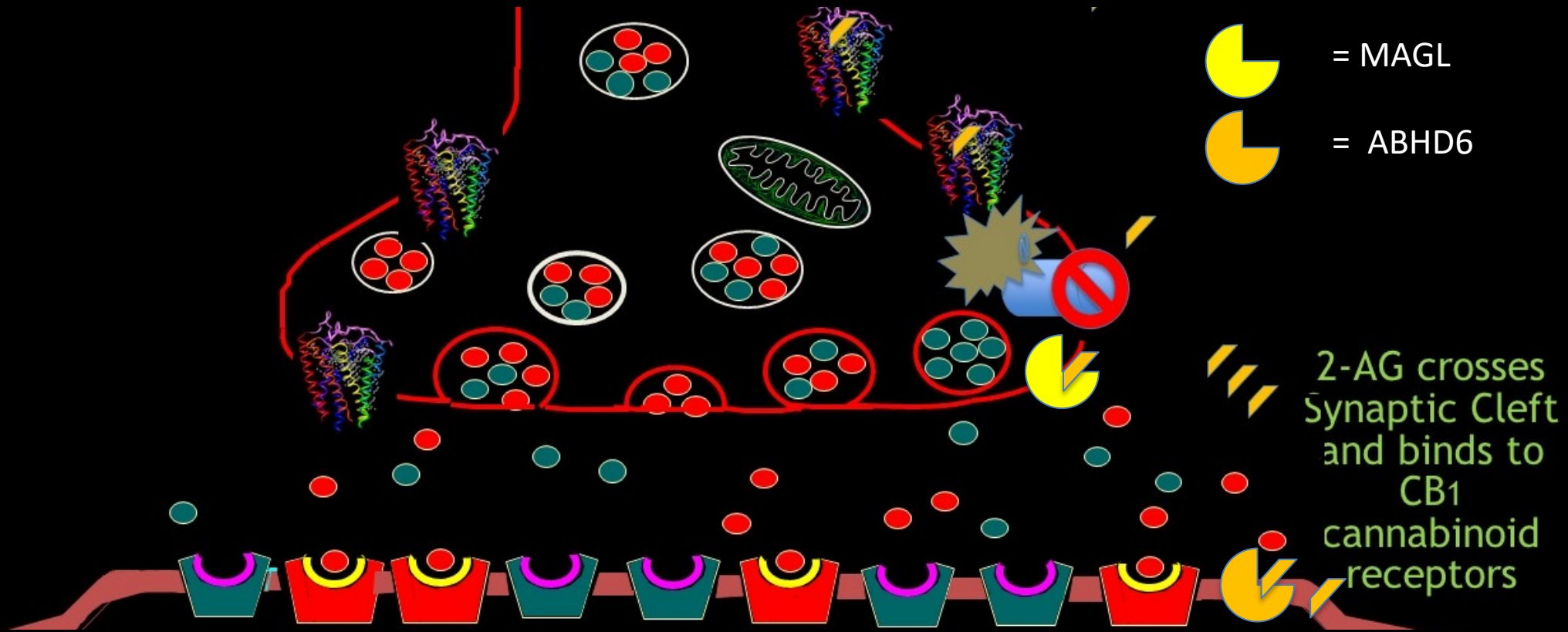


Receptors coupled to Gq proteins activate phospholipase C to convert membrane phospholipids to Diacylglycerol, a precursor of 2-Arachidonoylglycerol (2-AG)

Endocannabinoids are synthesized
2-Arachidonoyl Glycerol (2-AG)
ArachidonylEthanolamide (Anandamide)
Endocannabinoids can diffuse out of the cell and across the synaptic cleft.

Endocannabinoids reduce neurotransmitter release in over-stimulated neurons





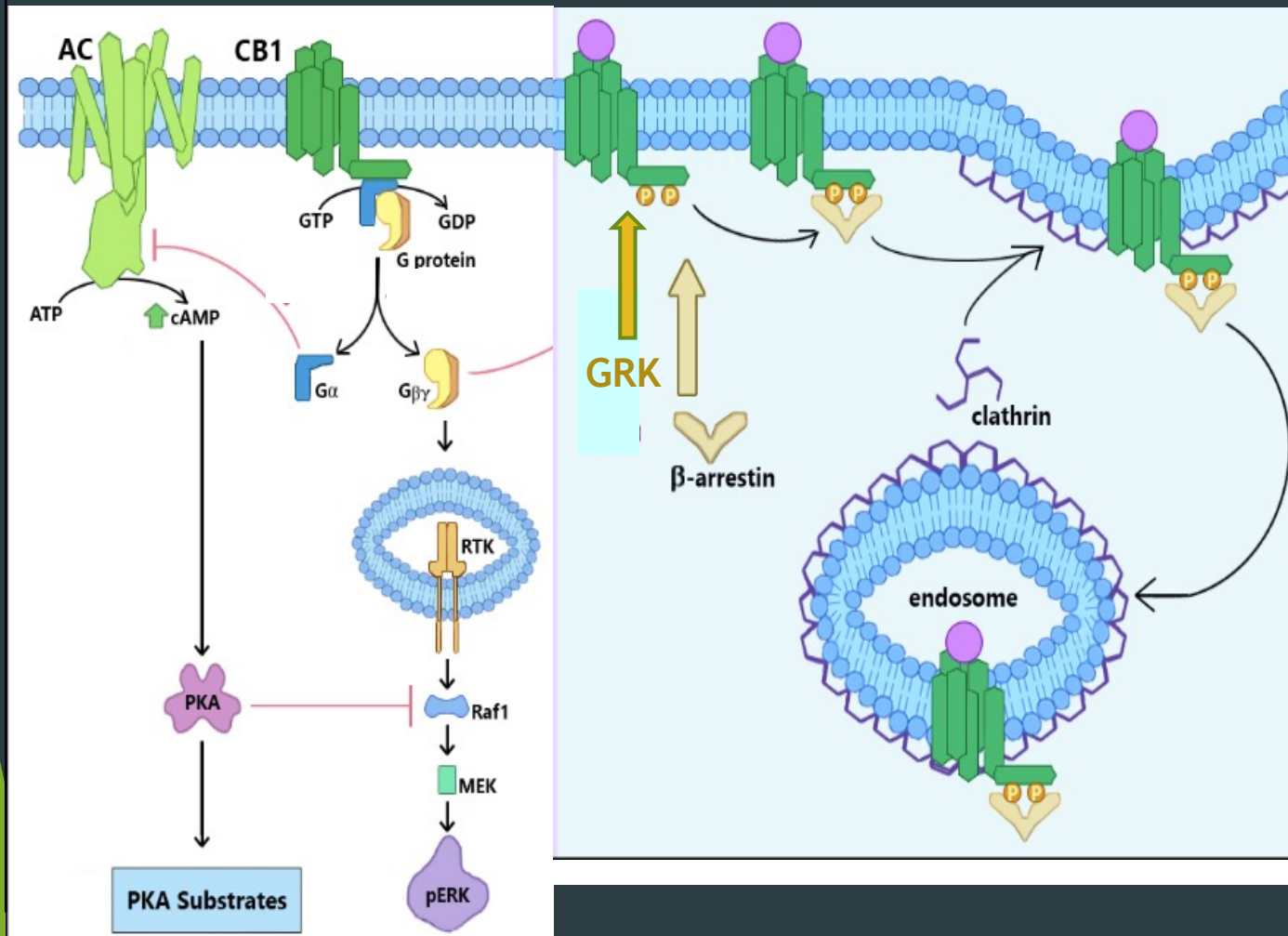
2-AG is hydrolyzed by monoacylglycerol lipase (MAGL) at the presynaptic site or alpha-beta-hydrolase 6 (ABHD6) at its postsynaptic site of membrane production.

How does the ECS system serve a role as a modulatory system ?

**How CB₁ receptor cellular signaling can define the
outcomes in many different cell types:**

Interaction with CB₁ receptor-associated proteins

Life Cycle of the G-protein Coupled Receptor



G-protein activation by the agonist-stimulated CB1 Receptor causes dissociation of G α from G $\beta\gamma$.

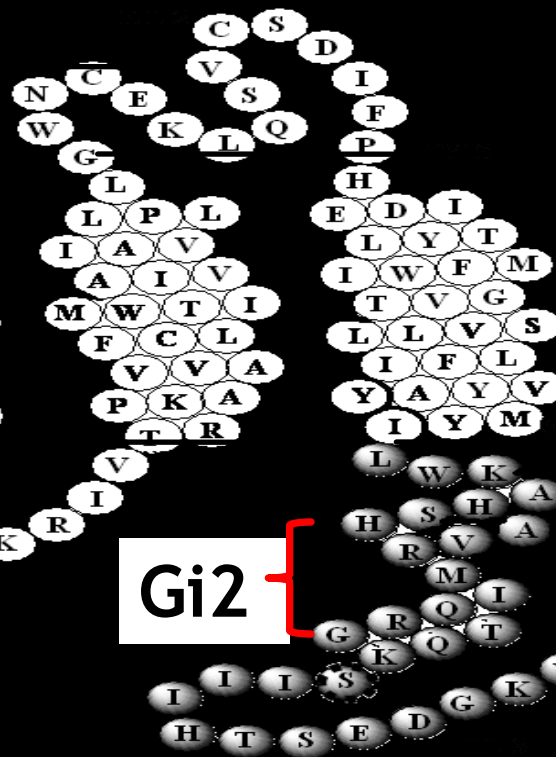
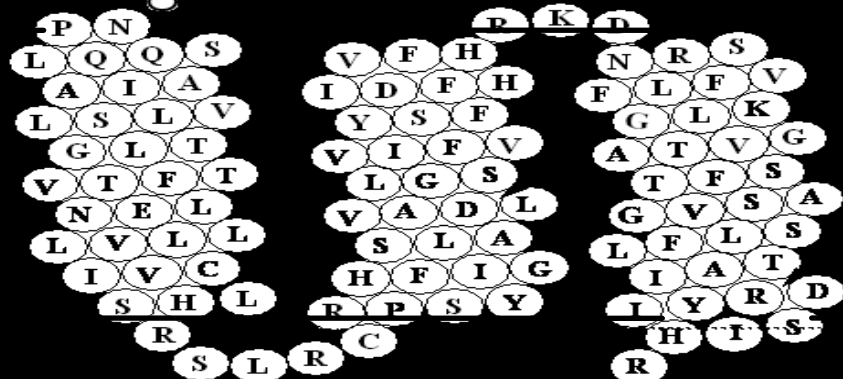
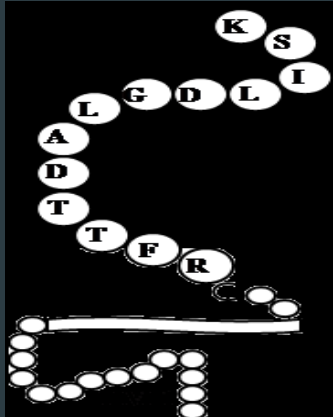
G α_i inhibits cAMP production which reduces phosphorylation of PKA substrate proteins.

G-protein receptor kinase (GRK) phosphorylates agonist-CB1 Receptor binds to β -arrestins 1 & 2.

This results in binding clathrin which causes internalization and formation of signaling endosomes.

Diversity of CB₁ C-tail interactions

Signal Selectivity based upon protein interactions



Gi2

B-Arr

CRIP1a

Gi3 & Go
GASP 1
Desensitization

Internalization

Howlett, Blume, Dalton (2010)

Curr Med Chem 17, 1832.

Howlett AC, Breivogel CS, Eldeeb, K.

(2022) in: Cannabis Use, Neurobiology, Psychology, & Treatment, editors: Elsevier

Associated Proteins: G-proteins

Agonist-stimulated CB₁R can activate G-proteins, predominantly Gi/o

CP55940 full agonist stimulates CB₁ Receptor G-protein activation:

72% Gi/o proteins

11% Gq/11

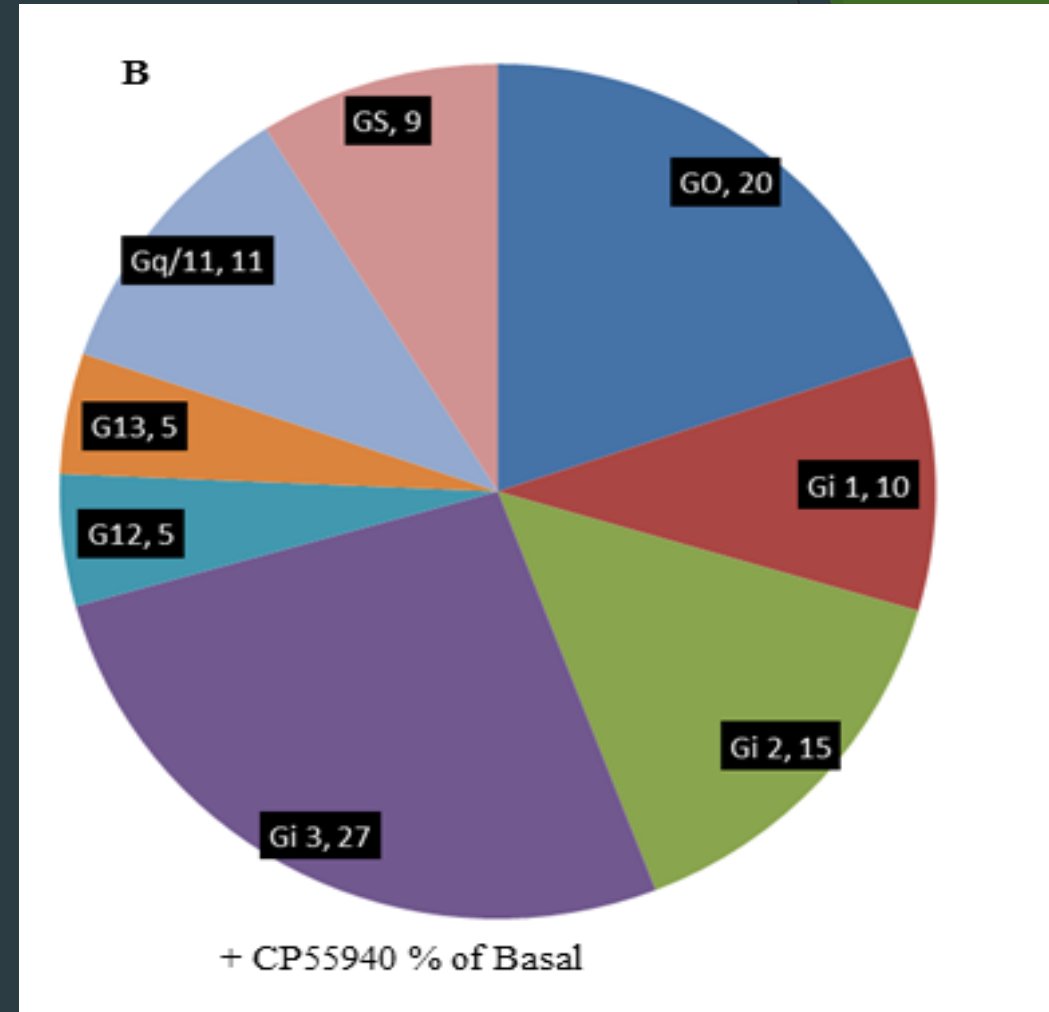
10% G12/13

9% Gs

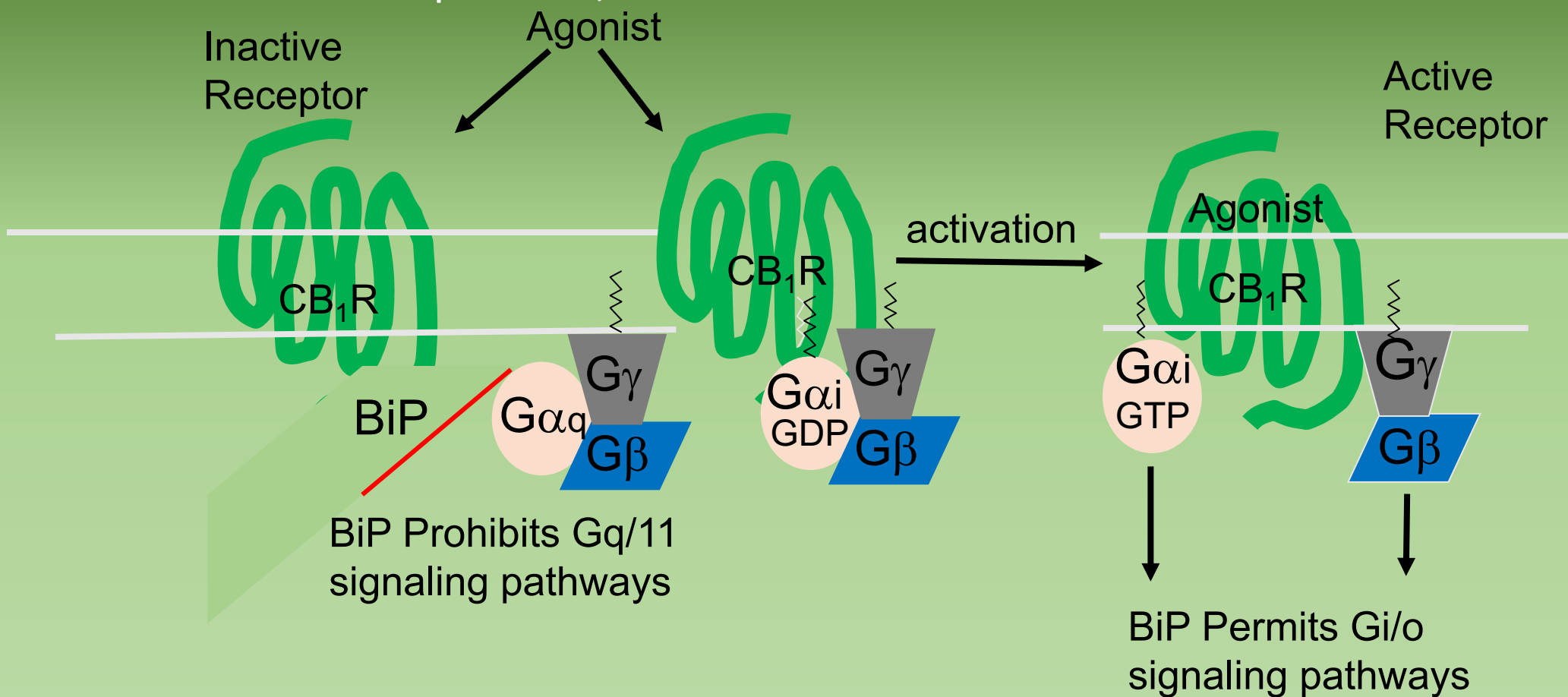
in N18TG1 cell model

GTP γ S binding to G-proteins

Eldeeb et al., Meth Enz, 2017



Associated Proteins: G-proteins; BiP

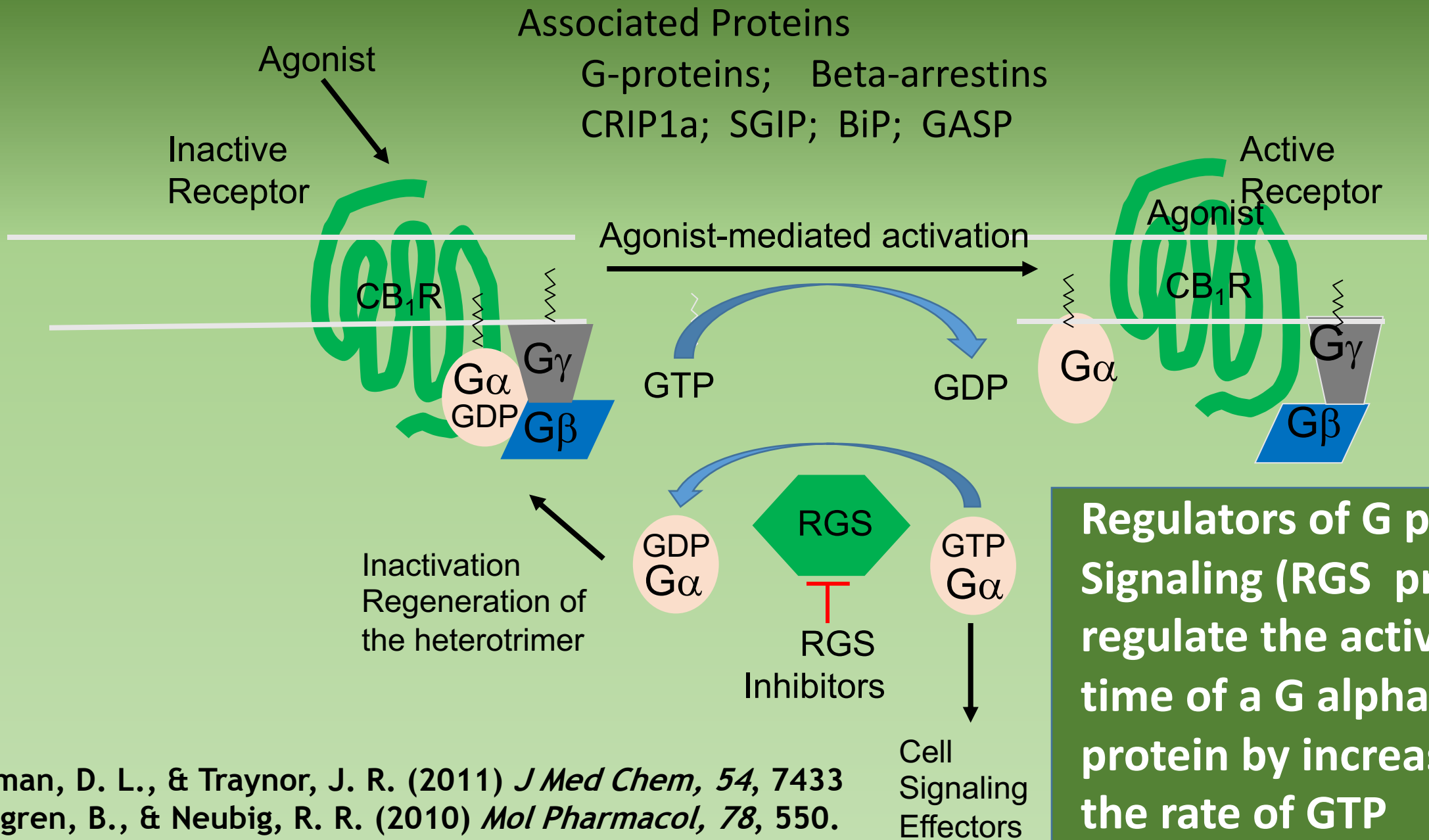


Costas-Insua ... & Guzmán (2021)

J Neurosci, 41, 7924

Howlett AC, Breivogel CS, Eldeeb, K. (2022) in:
Cannabis Use, Neurobiology, Psychology, &
Treatment, Elsevier Inc.

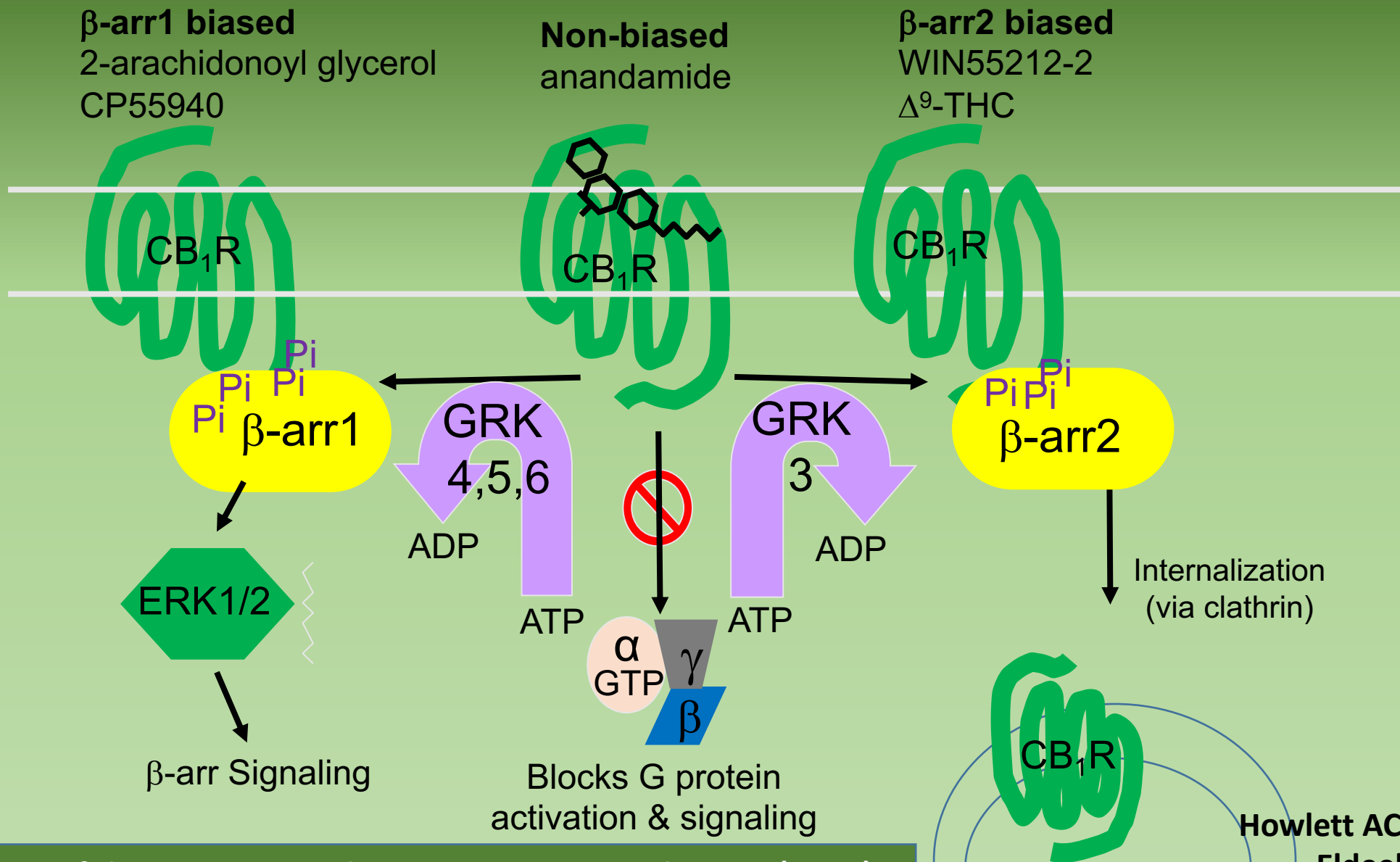
Binding Protein (BiP), a member of the Heat Shock Protein 70 chaperone family, binds to CB₁ receptors to alter Ca²⁺-mobilization signaling



Associated Proteins
 G-proteins; Beta-arrestins
 CRIP1a; SGIP; BiP; GASP

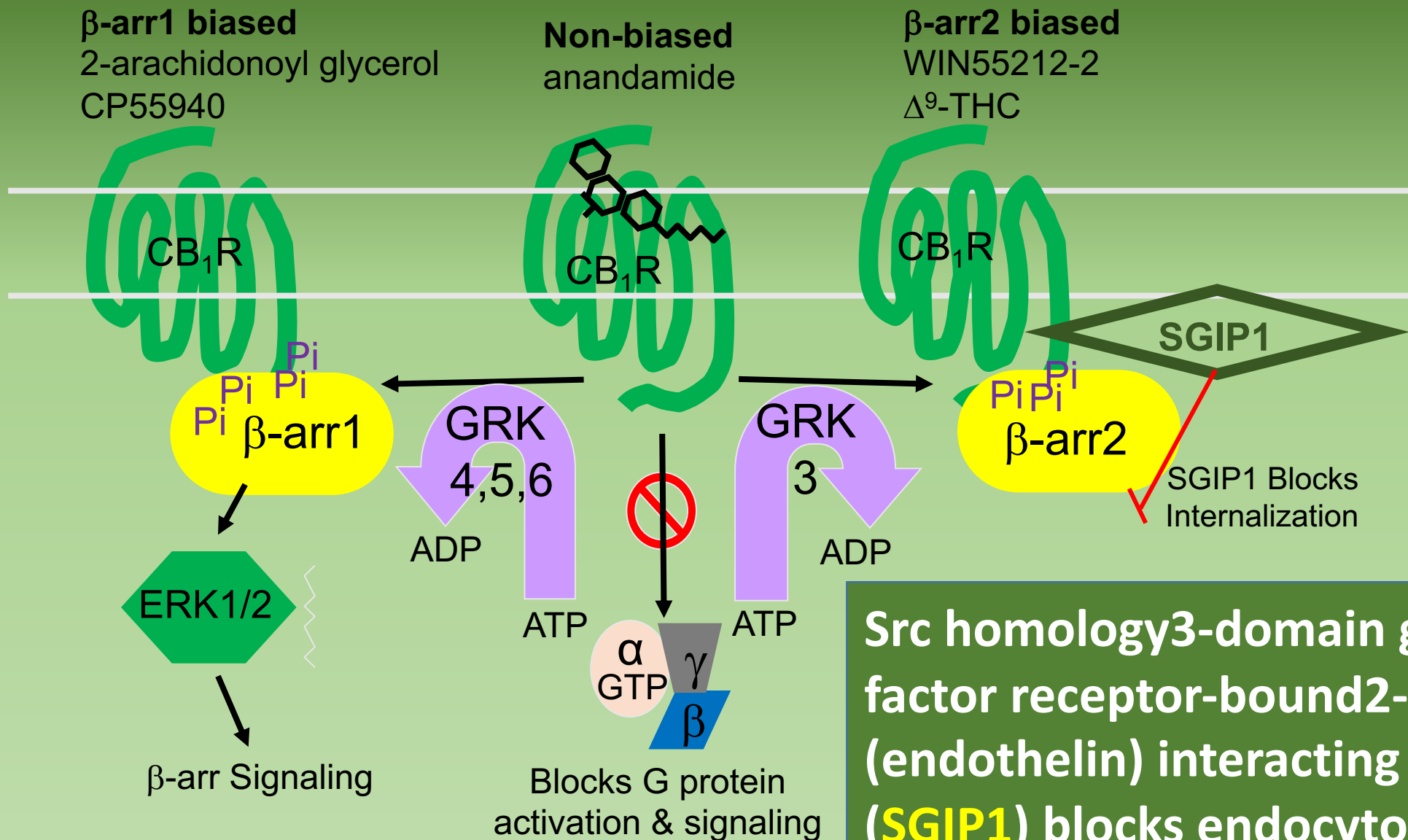
Regulators of G protein Signaling (RGS proteins) regulate the activation time of a G alpha protein by increasing the rate of GTP hydrolysis to GDP.

Roman, D. L., & Traynor, J. R. (2011) *J Med Chem*, 54, 7433
 Sjogren, B., & Neubig, R. R. (2010) *Mol Pharmacol*, 78, 550.
 Howlett AC, Breivogel CS, Eldeeb, K. (2022) in: Cannabis Use, Neurobiology, Psychology, & Treatment, Elsevier Inc.



Phosphorylation of the CB₁ Receptor by G protein receptor kinases (GRKs) allows binding of β -arrestins 1 and 2. β -Arrestins 1 and 2 initiate Extracellular Signal Regulated Kinases (ERK1/2) phosphorylation, or clathrin-mediated endocytosis, respectively.

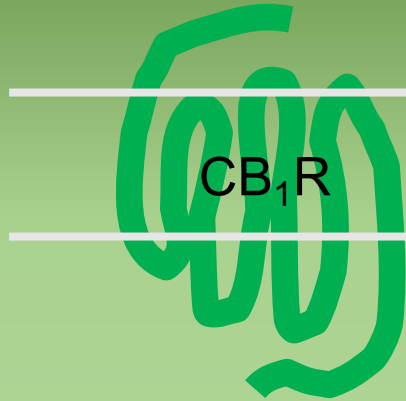
Howlett AC, Breivogel CS, Eldeeb, K. (2022) in: Cannabis Use, Neurobiology, Psychology, & Treatment. Elsevier.



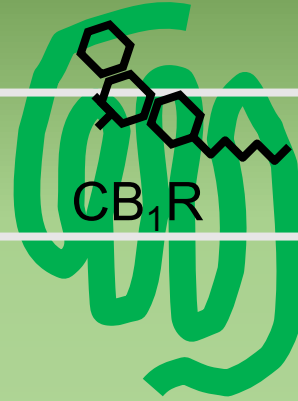
Src homology3-domain growth factor receptor-bound2-like (endothelin) interacting protein (**SGIP1**) blocks endocytosis of the CB₁ receptor-β-arrestin2 complex at the plasma membrane.

Howlett AC, Breivogel CS, Eldeeb, K. (2022) in: Cannabis Use, Neurobiology, Psychology, & Treatment, editors: Martin, Patel, Preedy. Elsevier Inc.

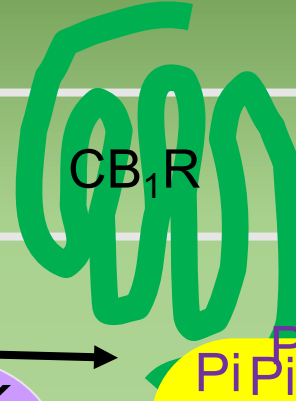
β -arr1 biased
2-arachidonoyl glycerol
CP55940



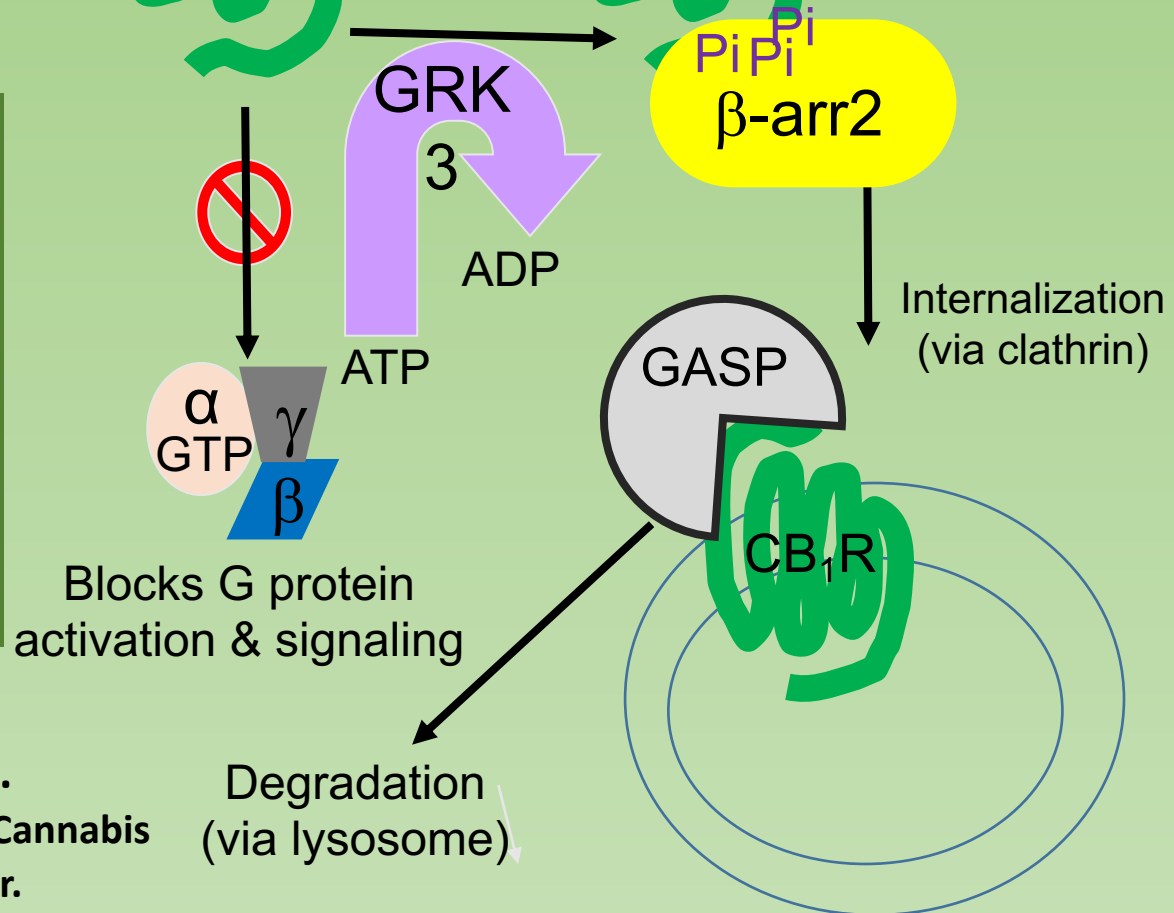
Non-biased
anandamide



β -arr2 biased
WIN55212-2
 Δ^9 -THC



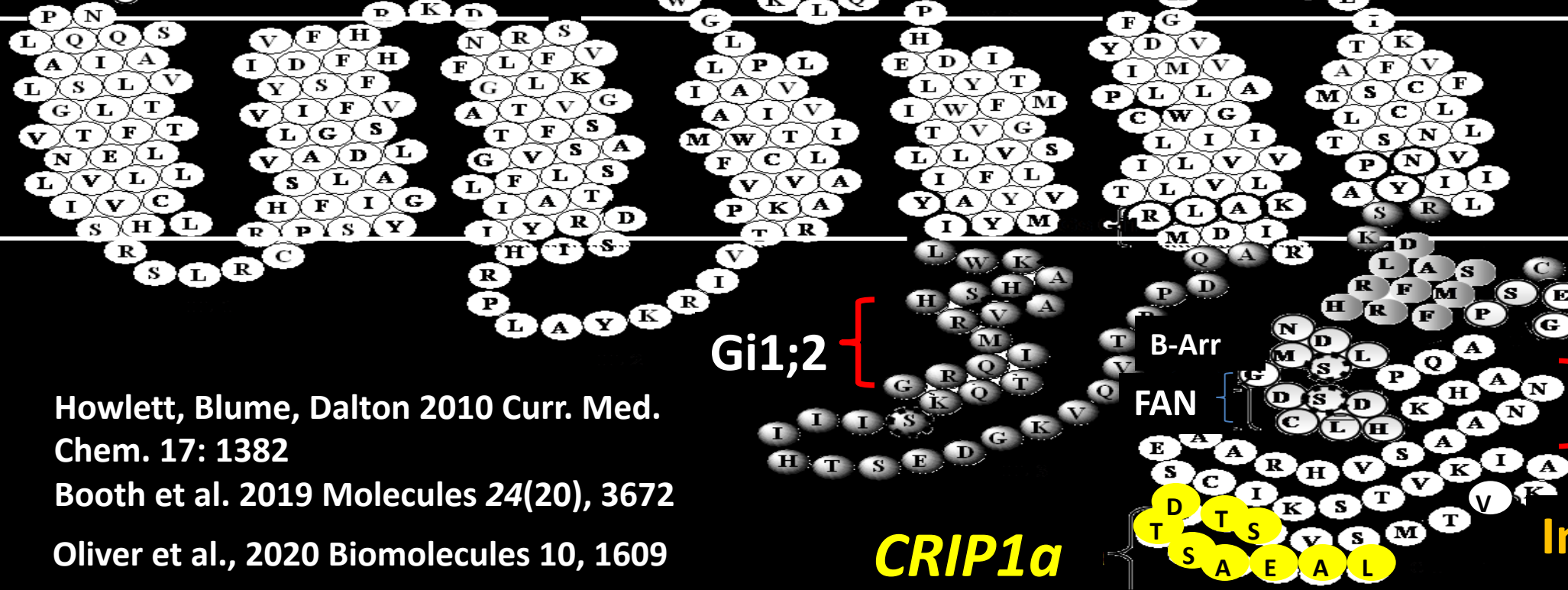
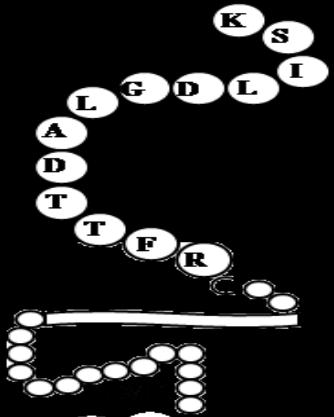
G-protein receptor-associated sorting protein 1 (GASP1) shuttles CB₁ receptors to the lysosome for degradation.



Martini et al... Whistler (2007) *FASEB J*, 21, 802.
Howlett AC, Breivogel CS, Eldeeb, K. (2022) in: Cannabis Use, Neurobiology, Psychology, & Treatment. Elsevier.

CB1 C-terminal interactions with regulatory proteins

CRIP1a expression is linked to development, vision and hearing sensory systems, hippocampal seizures, and schizophrenia, and has genetic/epigenetic associations with certain cancer types.



Howlett, Blume, Dalton 2010 Curr. Med. Chem. 17: 1382

Booth et al. 2019 Molecules 24(20), 3672

Oliver et al., 2020 Biomolecules 10, 1609

Gi1;2

CRIP1 α

B-Arr

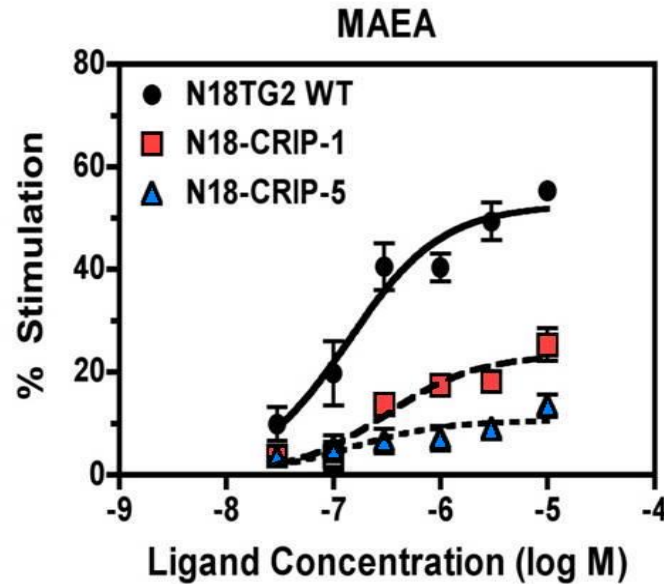
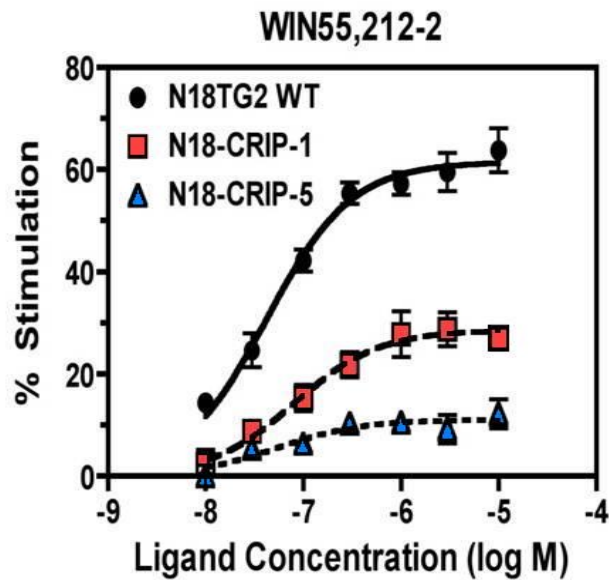
FAN

Gi3 & Go
GASP 1

Desensitization

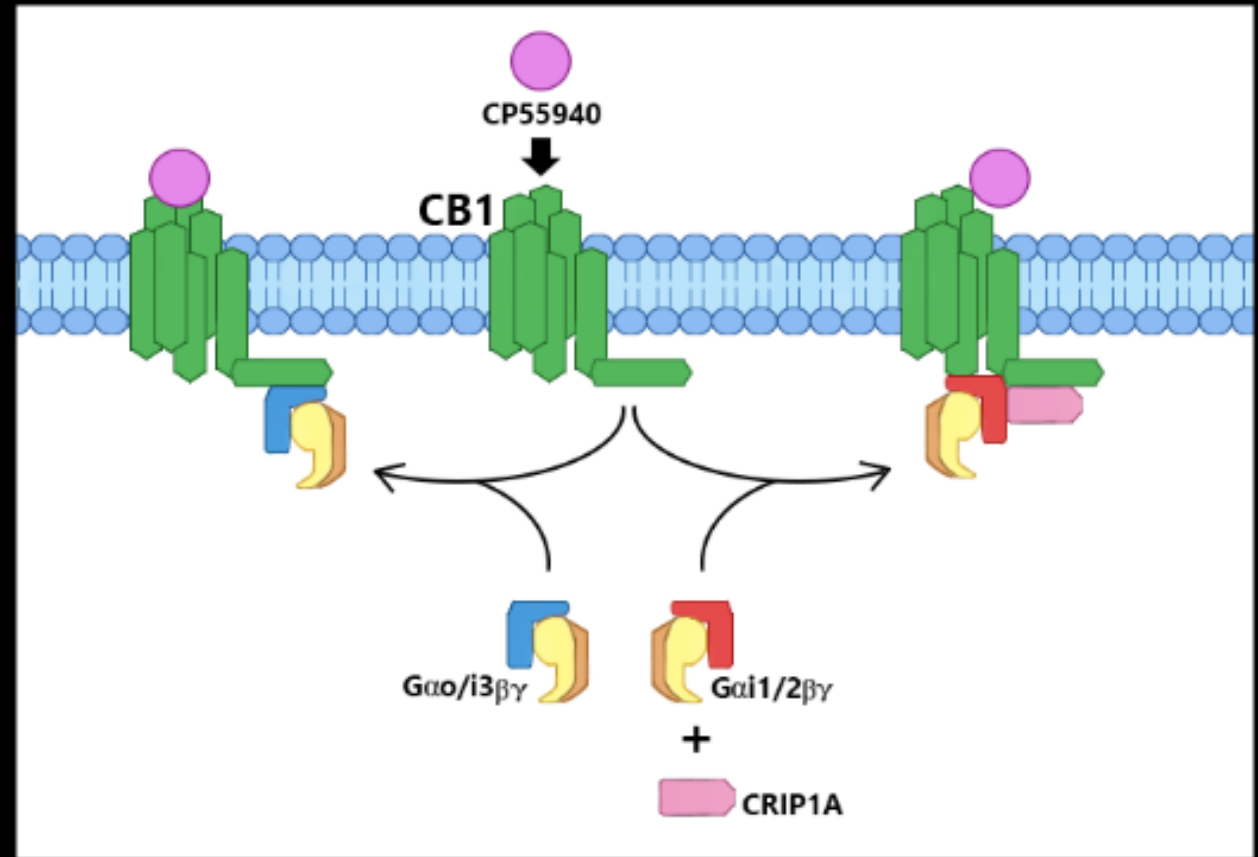
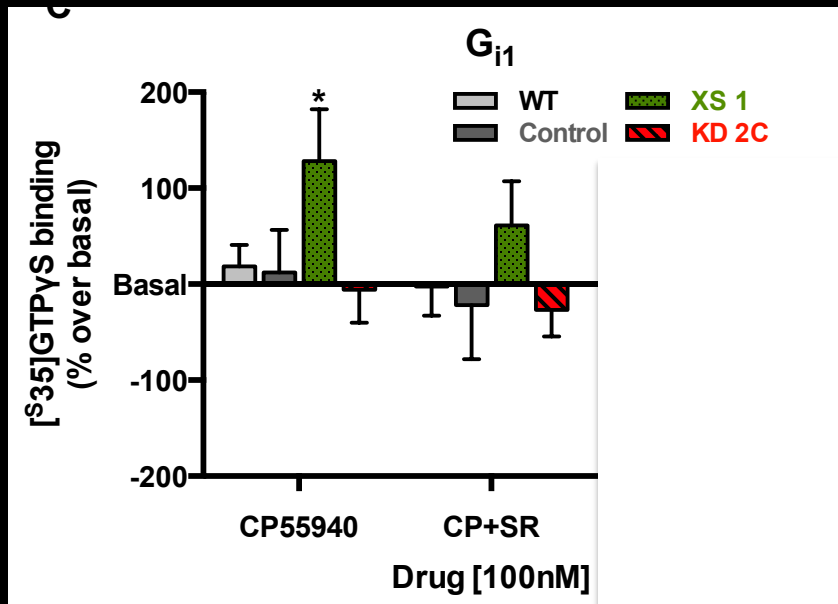
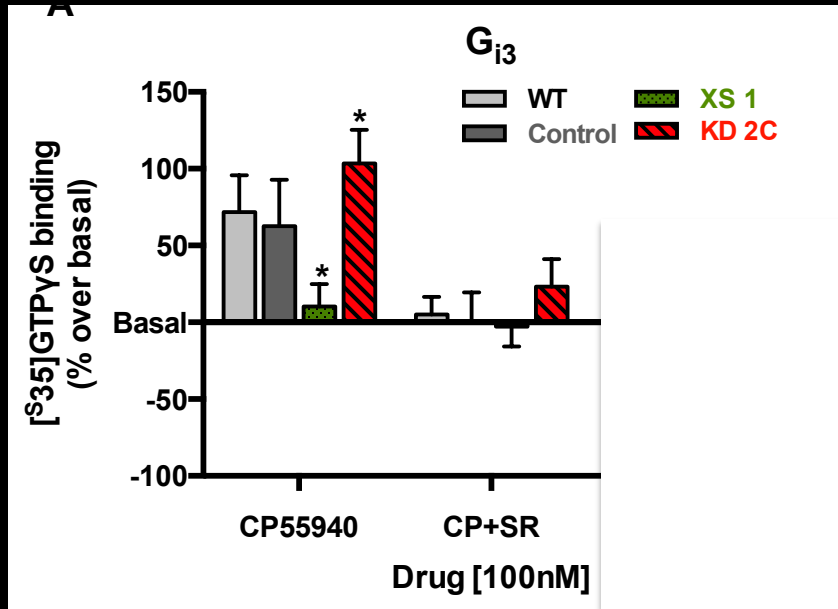
Internalization

CRIP1a reduces G protein activation by agonists



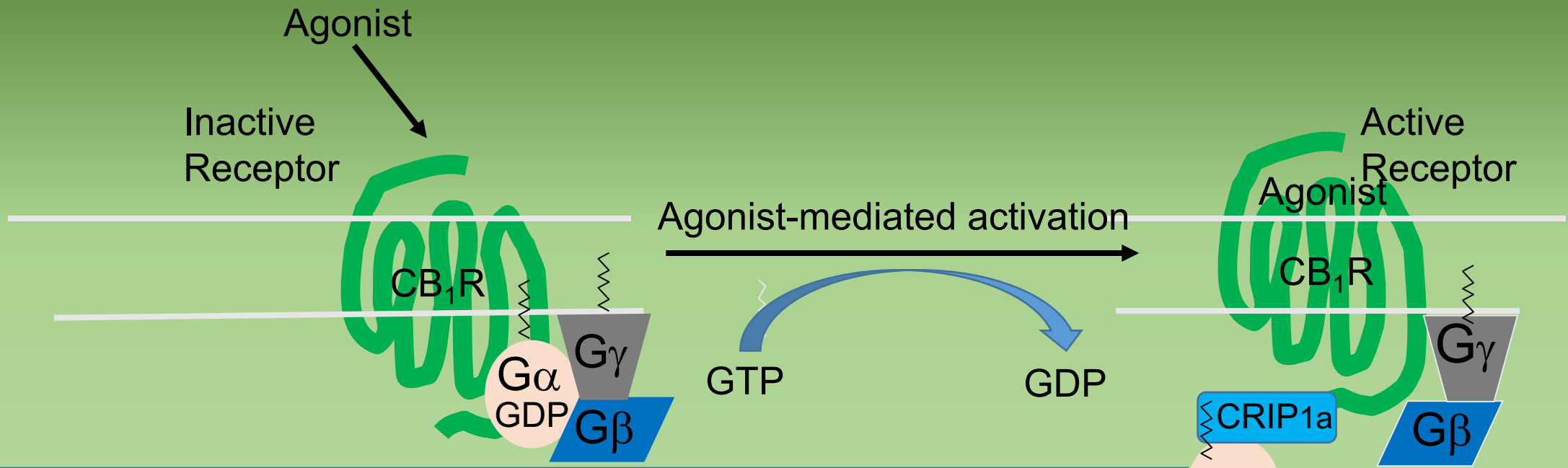
- [³⁵S]GTPγS binding in N18TG2 or XS clones:
- WIN55212-2
 - Methanandamide (mAEA)

CRIP1a alters Gi/o subtype activation selectivity



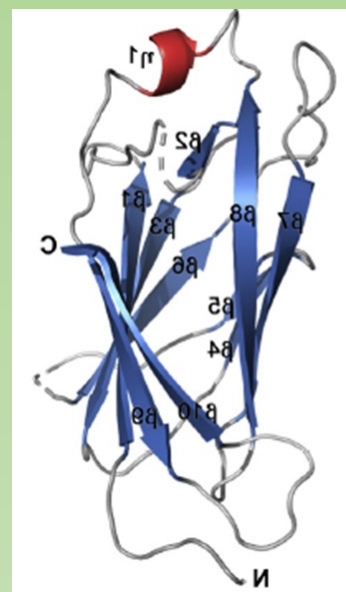
Blume et al. 2015 Cell. Signal. 27:716

Oliver et al., 2020 Biomolecules 10, 1609



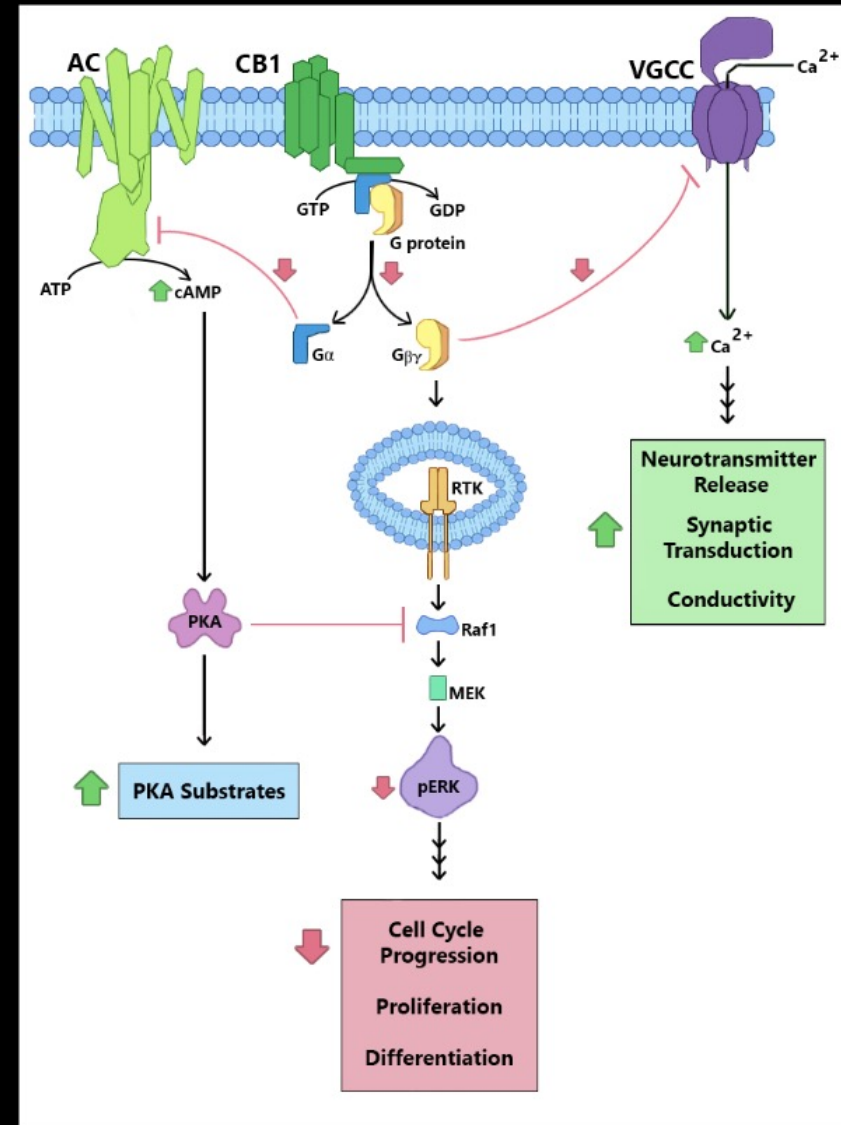
Cannabinoid Receptor Interacting Protein (CRIP)1a can bind to myristoylated Gαi proteins to sequester the Gαi or serve as a carrier within the cell.

Cell Signaling Effectors
 Translocation Sequestration

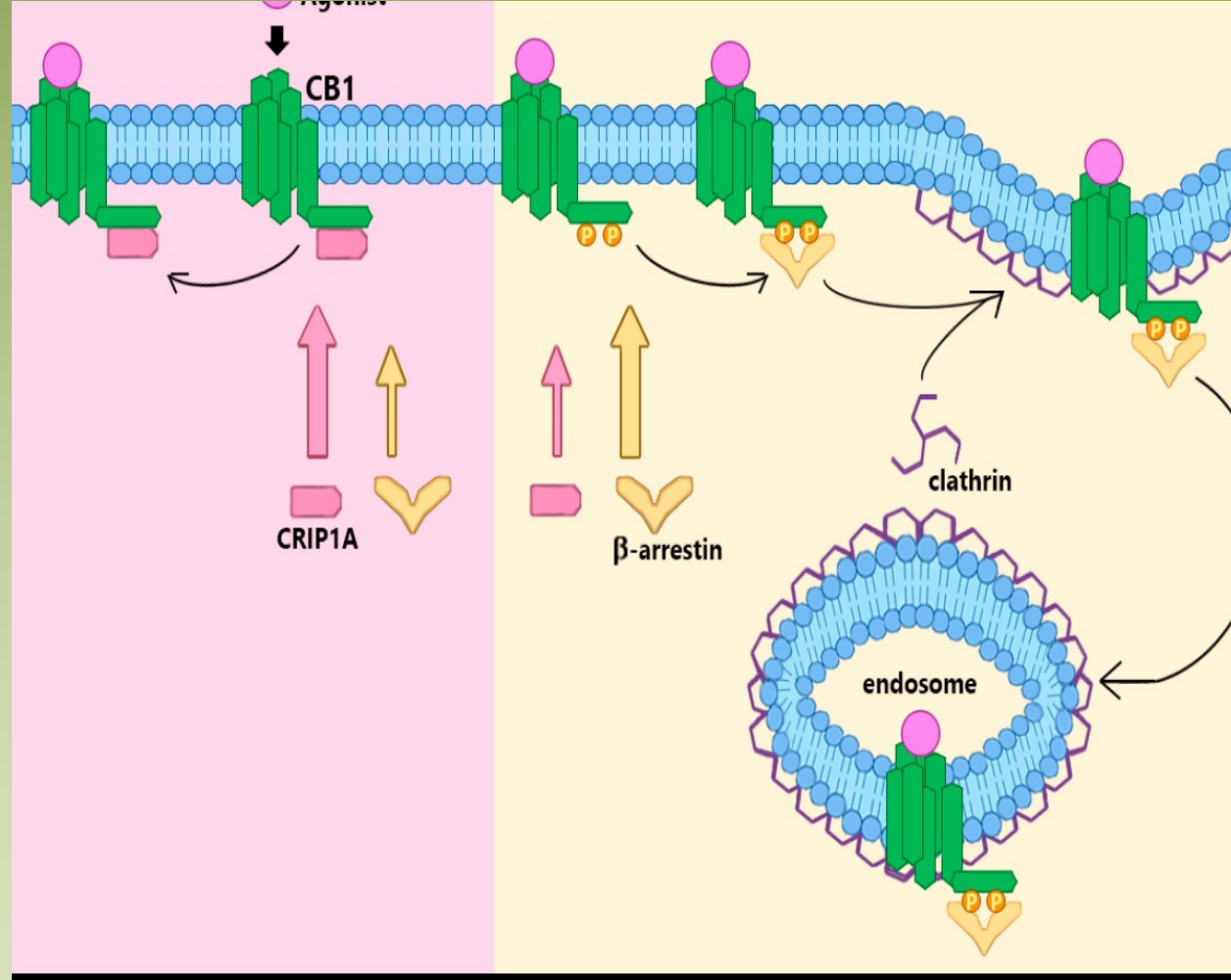
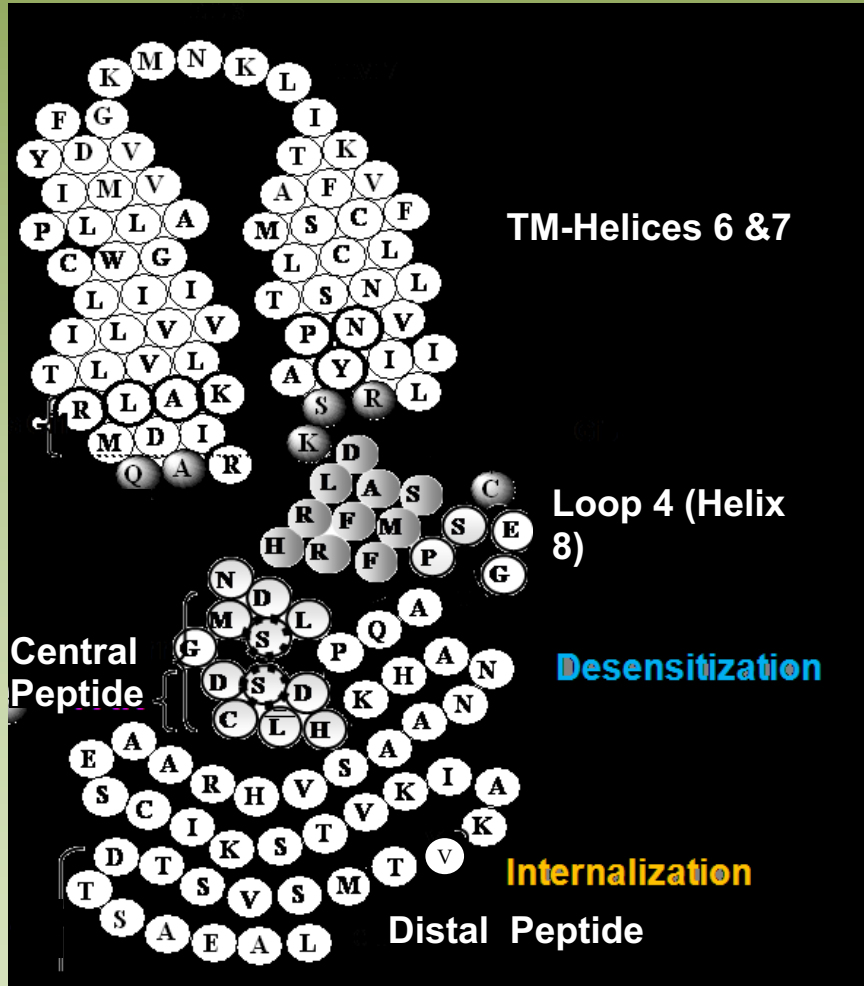


Oliver et al., 2020 Biomolecules 10, 1609
 Howlett AC, Breivogel CS, Eldeeb, K. (2022) in: Cannabis Use, Neurobiology, Psychology, & Treatment. Elsevier.

CRIP1a reduces sensitivity to Agonist-Stimulated Gi-inhibition of Adenylyl Cyclase and ERK phosphorylation.



CB1 Receptor Binding to CRIP1a interferes with binding to β -Arrestin 1 and 2



Blume et al. 2016 J. Neurochem. 139:396
Blume et al. 2017 Mol. Pharmacol. 91:75
Oliver et al., 2020 Biomolecules 10, 1609

Summary

The Endocannabinoid System (ECS) Components

- ▶ CB1 and CB2 cannabinoid Receptors
 - ▶ Agonists
 - ▶ Antagonists
 - ▶ Allosteric modulators
- ▶ Endocannabinoids: Anandamide, 2-AG
- ▶ Endocannabinoid synthesis enzymes
 - ▶ N-acylphosphatidylethanolamine Phospholipase D (NAPE-PLD)
 - ▶ Diacylglycerol lipase (DAGL)
- ▶ Endocannabinoid degradation enzymes
 - ▶ Fatty acid amide hydrolase (FAAH)
 - ▶ Monoacylglycerol lipase (MAGL)
 - ▶ ABHD6, ABHD12

Summary

The Cannabinoid Receptor Interactome

Cellular Signaling to Activate Responses

Cellular Signaling in the ECS

Receptor-Associated Proteins

G-proteins

Beta-arrestins

CRIP1a

SGIP

BiP

GASP

Conclusions

Organization of the ECS enzymes, Cannabinoid Receptors, and interactome proteins in different cell types can define the stimulus & response.

Predictions:

- Cellular Responses to exogenous $\Delta 9$ -THC will differ in different cell types depending upon receptors and interactome proteins expressed.
- $\Delta 9$ -THC alone may act as an agonist.
- $\Delta 9$ -THC may act as an antagonist against full agonist 2-AG.
- CBD is not an agonist at CB₁ Receptors, but might allosterically reduce the response to 2-AG or $\Delta 9$ -THC.
- CBD and minor phytocannabinoids probably act by non-ECS mechanisms.